



Cure For All Diseases

Hulda Regehr Clark

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great book for someone wanting to detox naturally

Cure For All Diseases Details

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Author : Hulda Regehr Clark

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Deborah says

I like her cleanses the best out of any i've tried.

Helen says

Don't let the title and appearance of the book to discourage you from reading it. It was amazing: not so the literary style of the book or impression it made, but the amount of people on Internet who followed (and follow right now) given recommendations and got much, much better, even with hopeless terminal and equally hopeless chronic diseases. Just because of this, it's a must read book on my list, for a people who still are looking for a way to get better, when a mainstream medical profession doesn't help much.

Together with her other books, developing and overlapping each other (and on Internet there are cross references through her books by condition and treatment protocol), this is a complete handbook on alternative and environmental treatment, focusing on anti-parasitic, anti-infectious approach (herbs and electrical treatment), paired with full chemical cleanup of the personal environment and changing hygienic habits to prevent reinfection.

Significant effort was made to make this treatment as affordable as possible, still the full treatment (mainly because of dental work and dentures) costs tens thousands of dollars. But less fortunate could pick up the affordable part of treatment (deparasitation, disinfection and preventing re-infestation) to get better.

Theories and explanations aside, it makes sense: mainstream medical doctors do not look for this, don't test, and don't attempt to treat this, unless you prove them (how? they don't take your word for it) that you are sick with this particular cause (one of hundreds causes that may be involved simultaneously), when you have no access to testing or can't afford it. This book gives you control over your own health, at least a fair chance to improve it, without outside interference.

The author was on a mission, like many other alternative cancer treatment doctors, with the same result: success in treatment and persecution from official bodies. About some others, see *Politics in Healing: The Suppression and Manipulation of American Medicine* by Daniel Haley, and reviews on it from the people who knew these doctors. *The Cancer Cure That Worked: 50 Years of Suppression* by Barry Lynes, and similar to it.

She allowed copying content of her books for non-profit causes and went a great lengths to make treatment options affordable (cheapest zapper costs \$10 and herbs you can grow and pick up yourself - full instructions to do it from scratch are provided). Appreciate that.

It looks like this book is for everybody: for skeptics who will criticize verbal expression and theories behind results, having fun and feeling superior, and for those who cannot find help anywhere else and who has nothing to lose, except the own disease(s).

The first common reaction on browsing the book for many would be habitual sarcastic ridicule: there are so many points for debating to the death. But look further, for the result - how many people it helped and continues to help. What one has to lose, apart from own unsolvable health problems? I'm giving it a try.

I found it through search for Pleomorphism, Pasteur and Bechamp - leisure reading, and glad that I did.

Joey says

Many of us probably haven't heard of Dr. Hulda Clark, but she has left a lasting impression on alternative medicine, pop medicine, renegade medicine, and Beyonce Knowles. No Dr. Clark didn't invent the Master Cleanse, but she did invent the cleanses that work: the simple yet remarkably powerful parasite, kidney, liver, bowel cleanses that would, if mandated on every U.S. citizen, make Obama's preventative healthcare budget go zero while he turns hero again. If you're wondering why it takes 600 pgs to list 4 ingredients for a liver flush, the recipes take up less than 5 pages. This book is really about why we get sick and why the flushes we see plastered all over the internet are so important. Although the title is apropos, it sounds self-righteous enough to turn most health aficionados off. Try to look past it. It'll be worth your while.

Dr. Clark boils down just about all chronic (and acute diseases like colds) to parasites, pollutants, and mycotoxins. And as smug as she may come off at first, she backs up her claims with diligent investigative legwork and the Syncrometer, a precise diagnostic testing method with a chance of false positive or false negative of about 5% (Considering we're testing pathogens here, that's in a league of its own--think bioresonance scanning, electrodermal testing). Her methods of treating parasites are using a zapper (she tells you how to build one) and/or frequency generator. They work. The trouble is finding the organism-specific frequencies.

In my opinion, this book can be considered both the old and new testament of preventative medicine. Dr. Clark's findings generally still hold water nearly 20 years after they were first published, but understandably, scientific advancements have poked some holes such as genetic food allergies, anaerobic metabolism/mitochondrial dysfunction, bio-engineered critters such as borrelia and mycoplasma, and environmental discoveries (freon is not the cause of the ozone hole, teflon isn't safe cookware, heavy metals are ubiquitous).

The greatest pitfall in reading this book is the sense of health paranoia/terrorism it inspires, which made me give 4 stars instead of 5. First of all, Dr. Clark cites science glibly but moderation just isn't part of her vocab. It's important not to take her book as seriously as she does. Dr. Clark requests that we throw the potentially-toxic baby out with the toxic bathwater and revert back to the Medieval age of living...(barn annexed to castle instead of garage inside house). Following all the guidelines is well-founded but impractical, and a sick person thinking they are necessary for recovery will get sicker if they manage to bounce back from a massive panic attack.

If you read this book without emotional involvement, you'll learn more about preventative health than in any other western or alt med book. Don't try to follow it all, but do what you can without going off the wall. If you're a relatively healthy person and follow her maintenance program (parasite, kidney, liver cleanses--takes about 3 weeks) and do ozone saunas + ear insufflation, be sure to give me a call when you're 120.

Andreas Schmidt says

Ormai sono teorie datate. Si tratta di un approccio semplicistico alla questione: si potrebbe vivere per

sempre, se non fossimo "parassitati".

E lo zapper lascia il tempo che trova. Come la terapia Gerson, anche la teoria di Hulda R. Clark finirà nell'oblio.

Emy says

I'm a bit iffy on the whole "zapping" thing and some of the other claims in this book (i.e. ALL diseases are due to parasites) but I do believe that a lot of conditions are due to parasites and pollutants and in that respect the book was very informative.

Cheri says

I was given this book by my friend Tony. I learned a great deal from this book and it really opened my eyes to the dangers of parasites and mold. I have made a great deal of changes within our home after reading this book, especially in regards to living with our pets. Hulda Clark has given an interesting perspective to the causes of many illnesses, a perspective she backs up with years of research. I highly recommend this book to everyone, especially anyone with a major illness or anyone owning a dog or cat.

Lauren says

Amazing and interesting information that I haven't seen anywhere else. You have to take it with a grain of salt, though, because living by Clark's standards is nearly impossible in a modern world.

Karen says

If your looking for a book on PREVENTITIVE MEDICINE THAN THIS IS THE ONE TO GET! It is a bit extreme in parts, but it helped me to get rid of gallstones. It also has remedy's for cholesterol, diabetes, high blood pressure, alzheimers etc. this book contains the MOST IMPORTANT METHODS OF HEALING these diseases that I've found. By doing the Liver Cleanse I was able to clear the stones without the need of surgery and the expense. For a few dollars actually a few cents, i cleared them through Dr Clark's methods and as an added bonus cleared out excess cholesteral! Enjoy this important book that I feel every household should have.

Denise says

I have a bridge I want to sell you. Don't wait until after you've been "cured," buy immediately.

Magdalena Saito says

A few things I wouldn't recommend, but a very interesting read, with lots of gems.

olivia nguy?n says

i found this book informative and always go back to it for referencing. i love the fact that dr. hulda clark stresses how important it is to parasite cleanse. it's crazy how she discovered that using a frequency generator to selectively zap bugs works.. because 'everything has a unique frequency.'

a lot of her suggestions are impossible to live with, but those are all optional. she obviously spent a lot of time researching about these health issues that we overlook and is bringing the situation into a positive light, while giving us solutions.

i definitely recommend it and think it's a good book for preventative care.

Mario Mazzo says

This was such an excellent book. It is one of the basic books that gets you on your way to not only cleaning up the inside of your body but the outside environment of your home. She covered so many things in this book. Some of my favorite subjects in this book were: parasitic clean up (which she is notorious for), frequency generators, electro-dermal zapping, chemical clean up, liver/gallbladder + kidney cleansing and flushing, mercury, dental clean up and precautions, just off the top of my head plus several more I don't recall now. This is in my opinion is the #1 book if you want to get healthy and see which chemicals and parasites cause specific diseases. How to clean all the organs and systems in the body naturally There is no replacement for this book. I will stop here unless you want me to read the whole book to you. Hope it helps you as much as it did me.
