



Memory Book: How to Remember Anything You Want

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'The Memory Book' offers advanced memory techniques, which when combined with the simultaneous development of all your senses, could blast your memory capability into the stratosphere.

Memory Book: How to Remember Anything You Want Details

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Sven Meys says

Very interesting book about working your memory in ways you never thought of before.

I started using some systems explained and it works great. Although I am still struggling when it comes to studying a large amount of scientific material. For the everyday things it is a great tool.

Perhaps with more practice I will be able to do more advanced things.

Rated it 5 because it really adds value to my life. Even a small increase in memory is priceless and benefits you in many ways.

Ganesh Ramalingam says

Amazing book!!!

Malek J. says

I'm really disappointed from this book, when you read the introduction the writer lets you think you will become like a computer ! And in very short time !

I don't say you cannot have a great memory !, but it's not really easy as the writer shows !

The linking and begging systems are amazing and practical and realistic, but after that you need to practice hundreds of hours to become familiar with the systems and be able to use them !

And I believe this book and these complicated systems will be useful only for whom interested to become a memory talented and have much free time to learn these systems.

I have read the mindmap book for the same writer and it was great and I recommend that book for every one who have many ideas in his mind and need to manage them and remember them all and to be creative.

Martin Hassman says

Přehled celé řady paměťových technik, jaké dnes existují. Pokud chcete soutěžit na mistrovství světa v pamatování, může to být dobrý start, pro praktický život ty dopady zas tak moc velké nebudou. Autor upřednostňuje prodejní styl před vědeckým pohledem (vše je skvělé a úžasné a super), ale je možné, že typický čtenář těchto knihy přesně to vyhledává, což to ovšem nenadchlo.

John Schwartz says

Exceptional book and one of my cornerstone books in the memory department. Excellent tools and info from

beginner to master.

Mykyta O'Hea says

Describes and explains major common memory techniques. I was particularly fond of the chapter on memorising faces and names as the author goes in good depth.

Olga Studená says

Spousta zajímavých návodů a triků, jak si pamatovat ještě víc.
