



Live for Today

Sandra Healing Steiner

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Lily looked over her shoulder and, seeing no one, began to relax. It was just her imagination. It had to be, didn't it? She could not remember a time when she did not feel as though someone was watching her. Sitting on the beach watching the calm water always seemed to help to ease the panic. The waves were gently lapping against the driftwood on the beach. The sound of the seagulls was soothing. The smell of the salty ocean air was comforting. So why couldn't she just relax? Today, it did not seem to be working. Last night the dreams had kept her awake through most of the night. If only she knew what they meant. She was so tired of them. They had plagued her for her entire life, as long as she could remember anyhow. Today was a day filled with questions, and she just wanted answers. All her life she had worked at blocking memories. Maybe it was time for her to lay her past to rest. The idea of it terrified her, and she really wasn't sure why. She wanted to move forward in her life; it was time.

Live for Today Details

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Genre :

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From Reader Review Live for Today for online ebook

Your Favorite Book Corner Blog says

Note: I was given a copy of this book in exchange for an honest review.

The story of Lily, a girl plagued by nightmares of a childhood she knows little about. She goes in search of what her childhood was about and what happened to her. In turn, she finds more than she is expecting. She finds family she didn't know existed, and she finds a life she didn't know she could have, and she finds the closure she was looking for.

When I started reading this book, I was concerned since it was told in third person. It was told by a narrator and not through the main character herself. However, Sandra Steiner does a great job of telling the story from outside of the characters and still infusing the feeling and emotion needed to get the story told.

This was a well told story that I could enjoy. I was much more pleased with this book than with the first book in the series. This book showed some thought and results, where the first book was a monotony of a woman's life. I was more impressed with this story and found it a vast improvement over Steiner's first.

Letty (Cover to Cover Book Blog Reviewer) says

Lily has lived her life plagued by nightmares that confuse her, but she believes they have an important meaning and begins writing a journal to see if she can find a pattern that will help her decipher them.

She knows she was adopted and sets herself on a journey to find her identity. Each step she takes brings her closer to answers from her past and the people she meets along the way have a huge hand in helping her. She discovers so many secrets and each new discovery comes with an adventure as she tries to figure out what it all means. Her life completely changes as new people enter her life and show her that she is not alone. Her nightmares begin to make sense and she realized the significance they have in her life.

Plot twists make this a very interesting story and had me surprised at every turn.

Philomena Callan Cheekypee says

This was a really great interesting read from an author I've not heard of before.

Firstly the synopsis grabbed my attention. As soon as I read it I wanted to read the story. This book has a very intriguing and unique storyline. I felt as if I was right there with Lily going through her journey. The great twists and turns had me gripped. I really couldn't guess what way this book was gonna go.

Great praise to the author for the beautiful descriptive view that was portrayed to us. For me it made the story more real. Looking forward to reading more by this author.

Highly recommend this story.

Fiona Sheldon says

I was kindly gifted this book by the author in exchange for an honest review.

Another book by this author i really enjoyed. Fast paced an interesting plot line and very good twists and turns that kept me gripped. I thought i had it sussed but bang, it went in a completely different direction. I absolutely love that in a book. I feel that the author could get more from this story as it feels there is some missing and gaps left wide open with nothing to fill them. All in all a great read.

Diane says

This is the second book I have read and reviewed that was written by this very talented author. This is the story of Lily who is on a mission to discover her identity. She has nightmares and knows they have important meaning so she uses a journal to record each of them in hopes they will lead her to answers of her past. She is relentless in her pursuit to find out about her ancestors and their secrets. There are some pretty interesting plot twists in this book that I sure didn't anticipate. Pretty good book that warrants 5 stars in my opinion.

Patricia says

This is the second book in the series I have read , This one is a different book for me.

Lily is suffering from nightmares and gaps in her memory, She just wants to put them all behind her and figure out why she had been having these dreams her whole life. She sets out to find out what happened to make her have these dreams and how to cure them . But will she be strong enough to find out what has happened to her.

I adored this story. The author writes it in the third person but it doesn't deter from the story line at all. It had a warmth and a life that normally don't come through when an author writes in the 3rd person. Sandra paints a beautiful picture of quaint town of Seaside and then the big mansion where Lily spend most of her time trying to figure out her past. Where she met some great friends

The author takes us through a lot of emotions in this book, you laugh and cry and laugh some more. When things start to come apart at the end of the book and all the secrets and lies are revealed . I will admit I did shed a tear or two. With all the revelations that go on in the book trust me ladies you will be on the edge of your seat and flipping pages all night long. You will love all the characters that Lily meets along the way

The book had great flow and like I said you will laugh and cry . You will be riveted to the pages. So can't wait till the next book in the trilogy. So ladies if you want a good read that will make you feel happy check it out

Brian says

Over the last year, I have followed Ms. Steiner on several platforms and find her incite very informative and unbelievably calming. She blogs, posts, and writes about the things all of go through and search for in life.

In this story we follow a young lady named Lily. Lily has issues with her memory, with herself, and with the world around her. Lily suffers a form of amnesia that has left gaps in her memories and her life(this would almost be great for considering some of the transgressions I have done and the mistakes I have made).

To give a brief synopsis of this wonderful story, Lily is lost and uses her time to search for her past. she takes a job, and along the way of her search she makes friends, and learns some disturbing info.

This is not a completely feel good book but it is a darn good book! Read it!

FMR Book Grind says

TRACY'S REVIEW - 3.5 Stars

I liked Live for Today, not loved it but liked it. This was my first time reading work by Sandra Steiner. With everything I liked about it I found something to dislike about it as well.

The Good: The storyline. I liked the concept of this book with Lily wanting to find out about her past and get information about the family she came from. Good character development. We watched as Lily traced her past and found where she came from.

The Bad: Although it was great concept I think the author could have done a lot more with the idea behind it. I found that the flow of the story was a little long and had lines that just didn't need to be in there. Not only were these in there but I found that they were repeated at times. (How many times do you need to explain what the grandparents looked like or the scenic views of the town around them).

Like I said I liked the story but finished wanting more from it.

Char says

This book actually got a 4.5 from me but since it is not an option I marked it as a 4.

This is about a woman named Lilly that was adopted as a child she has nightmares all the time and has memory gaps of her life. She is always looking over her shoulder thinking someone is watching her but no one is ever there. She can't remember a time when she did not feel this way. She decides to leave the beautiful seaside town that she has been living in and go back to where she grew up with her adoptive parents. She finds a job taking care of a lady that has been ill she soon becomes great friends with the woman and her daughter. In her off time from work she seeks out to find out as much as she can about who she is and where she came from. There are some shocking revelations and tense moments that had me sitting on the edge of my seat talking back to the book!

I loved how the story was written in the third person, it was like a story was being told to me and I was the recipient of all the news. There was life and feeling within all the words and the characters where loveable, ones I would like to have as my own friends.

Over all this was a heartwarming story that I recommend reading. Thank you Sandra for writing such a wonderful story.

The Book Fairy Reviews says

4.5 Stars!

I loved reading this book about finding yourself. Lily, suffering from nightmares of a past she can't remember. Deciding that she needs to learn about who she is she leaves her comfortable life in search of answers.

A twisty journey into her past, with shocking revelations that will keep you turning the page. Lily builds new relationships that will warm your heart and keep you riveted to the book.

I definitely can not wait to read the next book in the trilogy.

Lynn (Ellesea Loves Reading) says

This is the second book in The Spring Island Trilogy and another likeable read from Ms Steiner. Having read Cherish The Past, it was comforting to be taken back to Seaside and be reacquainted with some familiar characters.

We follow Lily on her search to find her identity. There are gaps in her childhood memory. So on the advice of her councillors, begins writing a dream journal. Lily hopes the journalling will provide clues in her nightmares, to help her remember events from her past. When they do, she leaves the island she calls home and embarks on a journey, where shocking discoveries and revelations lead to totally unexpected family ties and a surprising legacy.

A lot of detailed information is revealed throughout the story. At times it was a bit overwhelming to keep up with it all, as evidence is found and puzzle pieces start fitting together. Sandra is exceptionally gifted in her ability to set a scene with her beautiful descriptive writing. However I also wanted to hear and feel how the characters reacted, to understand the range of emotions they felt.

Overall a cosy and heartwarming read and I'm looking forward to reading the final part of this beautiful trilogy in my future.

3½ Stars

arc received in exchange for an honest review

Louise Seraphim Reviews says

This was something completely new and different for me. I don't normally read this type of book, but felt quite intrigued by the description, so decided to give it a go.

We're told the story of Lily, a woman who has suffered with nightmares and many gaps in her memory for so long. The not knowing her past and who she is, plays on her mind and stops her from settling in life. Lily decides it's time to actively find out what she can about herself, and leaves the peaceful familiarity of the picturesque coastal town of Seaside. She is traveling back to where she grew up, with her adoptive parents. She takes a job for some extra money, as a carer for a woman who has been ill. She goes on to make firm and close friends with the lady, and her daughter.

In her spare time, Lily seeks out as much info as she can about herself. Making new friends and close connections along the way. There is some huge shockers and revelations along the way. I loved the tense moments and the anticipation along Lily's journey. The possibilities of what could of been in her past, left me on the edge of my seat wondering.

I absolutely loved how the writing painted such beautiful pictures of the places within this story. From the quaint and peaceful 'Seaside' town, to the huge stately home with all its secrets and history, that Lily spends a huge amount of time in. I also loved the colourful characters. From Olivia and Sophie, two of Lily's new friends that end up sticking in her life. To Joy, another special person she met along the way.

Considering it was written in 3rd person, it had a lot of life and feeling, that normally I can't seem to feel when reading a book in 3rd POV. Without the actual conversations and internal thoughts, it can be hard to feel everything as strongly. Yet, I did get a good feeling from the beautiful writing in this book. I felt hooked on the story from the start and I loved discovering all the secrets of Lily's past.

Towards the end of this book, everything started to unravel and truths were found. It would seem everyone had found their own piece of happiness in one way or another. I did feel a little sad towards the end, as I felt not all the questions had been answered, there was still some gaps. The whole story had flowed perfectly, then all of a sudden within a couple of pages the end had come up out of nowhere. I was checking to see if I had missed a page or 2. Which was a shame as it could of continued on in my opinion. Apart from that, I loved the overall direction of this book and where it ended up. It was a truly lovely story and it captivated me from the start. I'm glad I stepped out of my comfort zone and read this. A beautifully written story and a lovely tale.

I was given a copy of this book in exchange for a fair and honest review
