



Healing with the Angels: How the Angels Can Assist You in Every Area of Your Life

Doreen Virtue

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"Healing with the Angels" is a practical how-to guide that reveals how to work with angels to improve your health. Much of the book discusses the various ways that angels heal our physical health, and gives specific spiritual healing methods based upon the author's case studies. The angels also heal our mental and emotional health, and the case studies show how depression, anxiety, sleep disorders, and other common maladies can be lifted with "angel therapy." Topics include: Angel therapy for illness; healing others with angels; angelic messages about weight, exercise, and diet; sleep therapy from the angels; angelic clearing of psychological and emotional issues; healing away addictions and obsessions; and how the angels can heal us of worry, guilt, and other destructive mental habits.

Healing with the Angels: How the Angels Can Assist You in Every Area of Your Life Details

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From Reader Review Healing with the Angels: How the Angels Can Assist You in Every Area of Your Life for online ebook

Moonshadow says

A lot of good information, but sometimes it got a bit repetitive.

Theartisttraveler says

I really enjoyed this book and learning about angels, and helping those around me with this. I came across her books in 2006 and read it but didn't internalise it the same way I did as this time around.

Patricia Wojcik-Courtade says

Love

Excellent book. This book is full of love and useful tools. It will be read again and again. Thank you Doreen. Angel Blessings to everyone.

Lisa Przepiora says

There were only a few chapters that I found meaningful. Most of the book repeated the same concept and ideas over and over

Dee says

I loved this book. This book has opened me up and I see and feel new things around me. The angels have been there all the time. All I had to do was ask for their help. I especially love having Raphael around. He helps me learn about healing. And Michael and his sword are teaching me about strength. All it takes is a belief. If you don't believe, that's ok too. This is a good book to read if you are interested in divine guidance.

Iona Stewart says

Like all Doreen Virtue's books, this one is simply written and easily read. She provides much convincing information about the angels so we're left in no doubt that they really exist and can help us with our various problems.

However, we need specifically to ask the angels for help, otherwise they're not permitted to intervene. Only if we're in a life-threatening situation, and it's not our time to go, are they allowed to intervene without our asking. And when we ask them for help we must surrender the problem to them.

The chapters in the book are short and include examples of Doreen's advice to clients (channelled from the angels) and inspiring stories of how people have been assisted by them.

We are given many useful prayer formulations we can use to heal various specific situations, for example, a prayer for increased energy or a prayer for a lost pet.

Information is also provided about measures through which we can help to detoxify our bodies. . These include instructions to avoid meat contaminated with hormones and pesticides, to follow an all-organic diet, if possible, to reduce alcohol, caffeine and carbonation from our diet, to avoid sodium laurel sulphate and related substances in household products, etc, etc.

It turns out every living creature has guardian angels, including flowers, plants, trees, birds and animals. If our pet has a problem, we can ask its guardian angel to help. Doreen recounts a story about her cat being in danger, but all went well when she requested that its guardian angel intervene.

Should you be worried about burglars or other persons coming into your house uninvited, you would do well to follow the author's advice and ask God to place an angel on every corner of the house to protect it and us.

There is an informative chapter about incarnated angels, elementals, walk-ins and star people. And a final chapter about the significance of the numbers we sometimes notice we keep seeing.

These are just a few of the subjects referred to.

The appendix includes an extremely useful forgiveness exercise for forgiving all those who have ever irritated us. I'm in the process of doing this exercise, but it will take some time since there are 139 persons on my list!

This is not a deep or intellectual book in any way, but it is a simple, practical guide encouraging us to ask the angels for help and suggesting which type of problem we can ask them for help with (all types)!

I recommend this book to all those who are open to the existence of these wonderful beings, without whose help we could not exist.

Parwati Singari says

publisher Hayhouse.

The book is guideline to accepting and understanding that Angels guard and guide you.

Dr.Virtue has covered a range of areas where one can ask the Angels for help. Ask and you shall receive is her conviction, observation and experience.

She authenticates her stand with transcripts with patients.

Somewhere along the line the book does not seem as motivating or convincing as it could have been.

One area that is really worth looking into is the hype around ADD, which is controlled with medication

while the child may have different intelligence and aptitude at work.

ABOUT THE AUTHOR

Dr.Doreen Virtue is a clairvoyant, psychotherapist and one of the worlds leading angel experts. She is the author of books like Messages from the Angels and Angel medicine. More can be found about her on www.angeltherapy.com

Michelle Veronie says

I love the way Doreen shares personal stories about her experiences with real life clients and that she shares her personal beliefs with such positivity. She is a genuine loving soul and is inspiring for anyone wanting to heal or just understand themselves a little better especially if you have an open mind! Loved it!

The Overflowing Inkwell says

I loved this book. There are few sections that are a little "out there," but the vast majority of the book is just amazing. Don't think that you only need to read this book if you have something that actively needs healing (i.e., you feel depressed, or you just broke your leg, or something) - this book is for so much more than just healing obvious injuries. There is a lot of stuff here about pretty much everything - finding lost objects, improving relationships with your friends, family, significant other(s), and yourself, figuring out why you keep seeing the same numbers over and over, plus a lot of really awesome, reassuring lessons about what is going on beyond the veil and how we all have guardian angels (even our pets).

It's going to take a while for me to integrate all of the things I learned in this book into my life, but I'm really looking forward to doing so.

Jessy Masse says

Doreen is so sweet and unconventional but her work is very serious and helpful for me

Kathleen H. says

Very interesting for a spiritual person. Enjoyed a lot of the topics. Did get a little tired of some of her session excerpts.

Karuna says

This book was a holiday gift from a psychic friend/coworker of mine. It's a great book about angels, inviting them to help in every aspect of our lives. My favorite part, the prayers. Beautiful prayers more spiritual than religious. If you do or don't believe in religion or angels read this with an open mind you'll get something out of it.

Colette says

Let your angels in. They help.

A LOT

Ash says

Healing with the Angels teaches practical methods in communicating with angels. For a spiritual book, it is fairly easy to read. Although some of the concepts with time and space can be a bit confusing and I may not agree with all the concepts that are offered in this book. However, I do think that all the prayers written by Doreen in this book are very accessible to all people, whether religious or not. I also enjoyed a lot of the stories that were shared too. I don't think that the last two chapters of the book followed on from the other chapters and seemed out of place. Chapter 11 was about people from other realms (which I have also learnt about in Doreen's Realm Reader course) and Chapter 12 is about angel messages from number sequences. I guess you could just look at these two chapters as added bonus material. The appendix also has some good visualisation exercises and affirmations which I will definitely use in the future. Overall, this is a very good, in-depth book about angels and how to communicate with them in your daily life.

Sonya says

I had been recommended to read this by a friend, who assured me that even though there are sections which are a bit dated, it was well worth the read & I couldn't agree more. I will definitely go back and re-read sections when the need arises.
