



## **The Fifth Sister: From Victim to Victor - Overcoming Child Abuse**

*Laura Landgraf*

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## The Fifth Sister: From Victim to Victor - Overcoming Child Abuse Laura Landgraf

Laura was ten, crouched outside her parents' bedroom, when she overheard that her father had made her oldest sister pregnant. For the next eight years, she and her four sisters struggled to survive the nightmare of sexual and emotional abuse.

As an adult, she buried memories of her family's dysfunction and tried to build the most perfect life she could imagine. But when she discovered that her father was still an incestuous abuser, she knew she had to face her past to protect her children. Going undercover, she was able to prove a twenty-year history of molestation, which her mother aided and abetted. With that evidence and the help of the Adam Walsh Center, she was able, at last, to legally protect her children.

From Oregon to the wild beauty of Africa's interior and back, Laura renders life as they lived it—the isolation, the fear, the losses, the manipulation and control, the tentative and fragile bonds of sisterhood—with humor and a growing sense of self.

*The Fifth Sister* explores incest's devastating effects on two continents, over three decades. In this compelling, intimate, and artfully told story, readers will experience the crushing impact of psychological, physical, sexual, and spiritual abuse, the burning desire to transcend the family script, and the gritty determination to succeed. Readers who have experienced incest will find their anguish validated by this book. Those who have not faced this trauma will gain deep understanding of dysfunctional families that have many secrets. But above all, *The Fifth Sister* is a story of hope.

## The Fifth Sister: From Victim to Victor - Overcoming Child Abuse Details

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## **From Reader Review The Fifth Sister: From Victim to Victor - Overcoming Child Abuse for online ebook**

**april lewis says**

### **Profound....**

This book was extremely difficult to read at times. Reading about how much suffering these girls were forced to endure at the hands of those who were supposed to protect them. I don't know who I abhorred the most, the father or the mother. Complicit doesn't even come close to explaining the mother's behavior. I'm so glad that Laura found the strength to overcome all the tragedy in her life and was able to lead a productive life and become the voice for so many others.

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**Alexis says**

### **Amazing read**

It was an amazing yet sad read that somehow still left you with a happy feeling at the end. The book is very well written from the dialogue between the characters, to her feelings, to the little descriptions of her surroundings. After reading what L. Landgraf went through, she is awe inspiring and a hero in her own right. Glad I chose this book to read.

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**Lisa-Marie Birdsall says**

### **Awesome**

Her life's story was written wonderfully. Though it was very tragic, Laura did a great job finding herself and her confidence. Congrats Laura for overcoming

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**Mindy Konczal says**

### **Uneasy**

I titled this review "uneasy" because it is an uneasy read; leaving you with an uncomfortable feeling is the least of what it does.

I most certainly don't want to victimize a victim but I was also left upset at the lack of effort to shut down the sociopathic Predator that was Laura's father. I am frustrated that Justice was not served by him rotting away in jail or possibly even receiving the death sentence because he ruined the lives of so many young girls.

Laura is a poetic author and a very good storyteller but this story is just too painful and outright gross to enjoy. I only hope that any of her father's victims can find the same peace that she has.

### **Lindsey Forney says**

This is a great book. Sometimes memoirs can be boring and I often lose interest. Laura did a wonderful job with keeping her story moving. Honestly could not put this book down.

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### **Stacy M Klabak says**

**Good read.**

Good read. The book had some areas where it felt dragged out but overall I enjoyed the full circle of the story.

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### **Nancy says**

**What a great story**

This book is riveting, well-written, and hard to put down. The ending is nothing short of triumphant. Highly recommended. Read it!

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### **Oksana Leslie says**

**Reaches to the bottom of my heart**

that memoir reached the bottom of my heart. How a pastor can kill his daughters kittens or sleep with his daughters? I AM glad I don't go to church. I AM proud of the author. I CAN'T IMAGINE HOW HARD WAS TO WRITE THIS MEMOIR! thank you

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### **Madeleine Black says**

This true story explores the incest that takes place in Laura Landgraf's family for many years at the hands of her father.

She has lifted the lid on so many shameful family secrets but I feel the writing has been a part of her healing process.

Hard to read in places about this dysfunctional family but ultimately it is a story of hope.

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## **Lindsey Forney says**

This is a wonderful book. It's hard to love your family when they treat you poorly.

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## **Bridget Holbert says**

### **Good**

Definitely addicting! This author had a truly abusive childhood. Also an adventurous childhood also. Her growing up experience led her into an abusive marriage but she finds her own ground and triumphs.

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