



# Stronger than the Struggle: Uncomplicating Your Spiritual Battle

*Havilah Cunnington*

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## **Stronger than the Struggle: Uncomplicating Your Spiritual Battle** Havilah Cunnington "Why do I still struggle if I'm faithfully following God?"

We all face challenges. On any given day, the problems of real life can take our breaths away. Our marriages, finances, relationships, and health are regular struggles, and that's just the beginning. Doesn't the Bible say the war has already been won? So why do we still battle?

In a down-to-earth, let's-get-real approach, popular Bible teacher Havilah Cunnington cuts through the confusion and shows us how to

Discern whether we're dealing with battles within ourselves, resistance from God, or genuine fights with the Devil.

Throw off misconceptions about spiritual warfare, and understand what Jesus really said about our spiritual authority and the certainty we have in him.

Ask the right questions and build a realistic battle plan to win one day at a time.

With humor and honesty, Cunnington lays out practical tools to thrive in the face of hardship, enabling us to walk forward in the confidence that, because of Jesus, we really are stronger than the struggle.

## **Stronger than the Struggle: Uncomplicating Your Spiritual Battle Details**

Date : Published January 9th 2018 by Thomas Nelson

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Author : Havilah Cunnington

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Havilah Cunnington

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## From Reader Review Stronger than the Struggle: Uncomplicating Your Spiritual Battle for online ebook

### Jennifer Malech says

As soon as I finished this book, I messaged a friend and said, “Okay, you have to read Stronger than the Struggle. It's so real and life giving, and offers practical ways to keep your head above waters in difficult seasons as well as daily fighting in victory.”

I promise that you will not regret this read. It has provided powerful insight and practical advice on how to overcome the enemy daily. We really are stronger than the struggle.

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### Kathy says

Stronger than the Struggle: Uncomplicating Your Spiritual Battle by Havilah Cunningham is a inspiring and encouraging. This is a must read book for women who are asking themselves "Why do I still struggle if I'm faithfully following God?"

Here is a page you can check out to see if you would find value in this book:  
<http://havilahcunnington.com/blog/66-...>

The author is also running a bible study/book club. Currently (Jan. 25, 2018) they are in the second week so you easily catch up. The Facebook Group is here: <https://www.facebook.com/groups/19714...>

And the book club's landing page is here: <https://truthtotable.com/>

I have joined the Book Club and am following along with the book. This is a great time to purchase the book and follow along.

Many peoples lives are filled with struggles. They are thrilled if they have a quiet day. Cunningham provides tools to help get us through those struggles.

I highly recommend Stronger than the Struggle: Uncomplicating Your Spiritual Battle by Havilah Cunningham.

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### Jasmine says

Life changing! Many, many “AH-HA” Moments.

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### Amy Langmaack says

I loved sitting down and reading Havilah Cunnington's new book, Stronger Than The Struggle. The pages of this book hold a roadmap to the basics of understanding spiritual warfare. Cunnington's approach in Stronger Than the Struggle is to help uncomplicate spiritual warfare so that we can all enter into the journey God has placed before us.

With a right view of Satan and a right view of what scripture says about warfare, Cunnington helps the reader understand the importance of not ignoring the battle going on around us. Through these pages, I felt seen. I felt like Cunnington knew the basics of where people were coming from in this struggle. But I also felt compelled to move forward. To move into something new and different.

Reading Stronger Than the Struggle made me want to get back in the fight. To fill my mind with scripture and to know more of who God is. I felt invited back into the fight.

I was reminded when reading Dreaming With God, that it is important to simplify my life so that I can chase the dream in my heart. With Stronger Than the Struggle, I was also reminded to simplify my life. When overwhelm hits, and the battle feels impossible, it's necessary to go back to the basics of faith. To remember that God is for my good. And that he is always doing good.

That's where the fight begins for me.

I received a copy of this book from the publisher. This review is my own, honest opinion.

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## **Alyssa says**

### About the Book

"Why do I still struggle if I'm faithfully following God?"

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## My Review

Havilah Cunnington's Stronger than the Struggle as the title says uncomplicates your spiritual battle and the supernatural world. So many in and outside the church see the supernatural and supernatural warfare as something mystical when in fact it is so simply and aptly put in Scripture. The supernatural and supernatural warfare is one of my favourite subjects to read about so I was extremely excited when Havilah announced this was going to be her next book and it was fantastic. Highly recommend!

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## **Madison says**

I loved loved loved this. A friend bought me a copy to have of my own because she said it reminded her of me... and it was exactly what I needed to read at this time in my life. This was extremely educational, engaging, encouraging, and empowering. The author speaks and addresses women and Christian spirituality in a way I've never read-with unflinching boldness- and it was so refreshing. Don't get me wrong, I love Lysa Terkeurst, Ruth Chou Simons, Beth Moore, etc., each of them has a style and a tone, and I love each of them for their unique voices and perspectives. That being said, I have never connected with a book like this. I'm coming away from it educated, empowered, brave, and feeling strong. THIS is my kind of girl power-women building each other up and reminding them of who they are and what they were made for- BIG things from a BIG God. This is going to be my "bible" next to my Bible. I'm looking forward to reading her other stuff!

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## **Aaron says**

I was privileged enough to get a copy of Havilah's book before the world-wide release date. I laughed, teared up and felt inspired in a way that I haven't in a long time. Her personal stories make it easy to relate to message she is giving and though I'm personally aware that Christian spirituality can feel overwhelming and complicated at times, Havilah does a great job at explaining it and encouraging her readers that it doesn't have to be. This is not a "read once and be done with it" kind of book. It's one that I already want to go back over to remember that I'm loved, taken care of and strong.

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## **Paula White says**

Good solid read.

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## **Susan Wright says**

Where was this book when I was 17?

Nevermind, I would not have read it then; much less appreciated it.

What a refreshing view on faith and living to be the best version of yourself. Thank you Havilah for your

personal vignettes that are easy to relate to. Not at all "preachy", this text provides inspiration, laughter, and practical advice on improving the way one lives in faith. There is a gradual progression through life lessons and applicable scripture that also makes this book a hand reference guide for a weary soul (or tired mom).

My favorite "empowerment point":

If we discover we have lost our desire to fight, to contend for the life we want to have, then somewhere along the way we have forgotten God's intention.

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### **Holly says**

We all face challenges. On any given day, the problems of real life can take our breaths away. Our marriages, finances, relationships, and health are regular struggles, and that's just the beginning. Doesn't the Bible say the war has already been won? So why do we still battle? With humor and honesty, Cunningham lays out practical tools to thrive in the face of hardship, enabling us to walk forward in the confidence that, because of Jesus, we really are stronger than the struggle. In a down-to-earth, let's-get-real approach, popular Bible teacher Havilah Cunningham cuts through the confusion and shows us how to :

Discern whether we're dealing with battles within ourselves, resistance from God, or genuine fights with the Devil.

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This is the kind of book that I NEEDED to read as a teen, but wouldn't have touched. It is full of personal narratives that will make you laugh, then cry, with understanding and the ability to relate. It follows a chronological progression (from her teens up to her mom years), and the wisdom matures with the stories. It's very understated in its message...like just hanging out with your favorite aunt..someone cool enough to relate to, wise enough to guide you, and not your mother - so you might actually listen! It's one of those books that you'll read all the way through one time, and then you'll put it aside to pull back out and read whichever narrative personally speaks to you during a future struggle.

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### **Cara Putman says**

This is a book I will come back to often. Such good pointers and reminders on how to approach the struggles and battles in our lives. I listened to the audio and purchased the paper and ebook versions.

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### **Beth says**

In *Stronger than the Struggle*, Havilah Cunningham provides practical ways to understand and work through spiritual issues. She breaks down the scriptures, taking scenarios from her real life to help understand the lesson behind it. She also offers practical application to our own personal battles, showing readers things that are applicable to everyone, yet important to each unique situation.

The tone is conversational, yet direct and clear. The chapters are in-depth, yet not so long that reading becomes a slog. I appreciated how scripture and commentary on it makes up a large part of each chapter, rather than being dominated by personal exposition. She does point out life lessons, but always backs it up with scripture. I found myself bolstered and encouraged as I read this book and can definitely see myself re-reading the whole thing or parts of it as I need more encouragement.

I won an advanced copy of this book in a Goodreads giveaway, but I also ended up purchasing a Kindle copy. This review is my honest opinion.

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## **Lori says**

I've enjoyed Havilah's no-nonsense writing and teaching for some time, and was eager to dive into her book. I was apprehensive about what the teaching on spiritual warfare would be, but Havilah delivers on her intention to make practical and un-complicate the issue, and in doing so doesn't over-spiritualize the issue, for the most part, as much as it can be on the topic. She keeps it really accessible and weaves her own story throughout as well as different examples. While I don't agree with everything, it was still an encouraging read, and there was plenty that I did agree with. I appreciated that she touched on the extremes and what she called two different camps, and met it in the middle by simplifying it. If this is something you're interested in, you will enjoy it.

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## **Jalynn Patterson says**

About the Book:

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My Review:

A truly powerful read from beginning to end. The author takes you by the hand from the beginning of the introduction of evil into our society with the devil being tossed out of heaven through to the fall of man. She

shows you God's calling on your life and the devil's plan to infiltrate that call and shows you his master plan of lies, deceit, and hatred towards God as well as His children.

Then the author shows you step by step the way through and out of the struggle. Satan is way more patient than we are and he lies in wait for us to make the critical move that will be our downfall. There is so much truth in the pages of this book that it will leave you reeling at what is done on a spiritual plane right in front of our eyes--many times without us even knowing it.

A great book on spiritual warfare!

**\*\*Disclosure\*\***This book was sent to me free of charge for my honest review from the publisher. All opinions are my own.

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### **Vanessa James-brooks says**

I got the book thinking it was going to be about dealing with anxiety and emotions, but it turned out to be focused around the topic of spiritual warfare, but that's ok because I have been struggling the past 7 months and really needed this book! Have you ever had a book you just could not put down because it was that good? Well this book had me hooked once I started reading it. I truly loved the tools Havilah shared through this book, her stories she told were so filled with truth, and honesty. This book was so insightful, showing even Christians have times of struggle but it's ok because God is always here to wash away our struggles . This gem was very well written, and honestly a days read for me because the book has 225 pages. I would highly recommend this book, so please check it out and see for yourself how great this book is.

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