



My No No No Day

Rebecca Patterson

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Readers will say, "Yes, yes, yes!"

From the moment Bella wakes up, her day goes wrong. She hates her breakfast egg, she won't share, she has a hurting foot, her supper is too hot, and her bath is too cold. And then it's no, no, no to bedtime. But at last a yawn, a story, and a kiss from mother end the day, with the promise of a cheerful tomorrow.

Every parent, teacher, and caregiver will respond to this hilariously accurate portrait of one toddler with a case of the Terrible Twos!

My No No No Day Details

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From Reader Review My No No No Day for online ebook

Jennifer says

"Yesterday I woke up and Bob was crawling around my room, licking my jewelry. So I shouted GET OUT OF MY ROOM!" My kids (and I) laugh a lot when we're reading this book. The story and pictures really capture the capricious and hilarious (when it's not happening to you) tantrums that just happen sometimes, no matter our ages. It was a library pick and we've read it probably 20 times this week. The kids (7 and 4) giggle whenever Bob comes onto the scene especially. Quite entertaining! And, we have also used it as a tool to have some conversations about when we feel like we're having a No No No day, and what are some of the ways we can feel better.

Archit Ojha says

All days are not the same. Today is not a day for Bella

It starts with her getting irritated by her baby brother and the day continues like that. She throws tantrums all day long. It seems as if she's doing it on purpose but she can't help it.

A heartwarming ending to the story. Well written.

Suzanne says

We got this book for free from Dolly Parton's Imagination Library when my daughter was 1 or 2. She loved the book as a little toddler and even had it memorized from reading it so much. The story is about a little girl who is just having a bad day. She's saying NO to everything and being in a bad mood throughout the day. Of course there is a lesson in the end for little kids.

It's a cute book to read out loud because you can get "loud" as you read the little girl screaming NO NO NO :) My daughter enjoyed this book a lot for awhile before she grew out of it. I think she would still think it was cute now, but she has so many books we haven't been around to it for awhile.

Joella www.cinjoella.com says

Sometimes kids throw tantrums. Sometimes they are BIG tantrums. This is a story about a little girl who throws a tantrum ALL. DAY. LONG. And she knows it. But she doesn't know what to do about it. But she also knows what it is like when she doesn't throw a tantrum. And sometimes that is the most important thing to know.

I liked it. Mostly I liked it because I have seen kids that have been super grumpy for long periods of time. And I like that this particular girl understands just what kind of day she is having. Plus I like that even though she is upset, she still wants (even though she says she doesn't) her mom to cuddle with her, read her a story, and help her get to sleep. And SUPER KUDOS to the mom for putting up with the little girl and not losing her cool. And kudos to all the moms who do that over and over again.

Matt says

Everyone has a bad day once in a while, even Neo. In this story, young Bella starts her day off poorly and it continues to sour from there.

Kelly says

I would give this more stars to get it to genius level. All parents, children, and people in general can relate to days like this. The illustrations are amazing at conveying this girl's tirade from boiled eggs to itchy tights. We feel ya. Bonus that the mother keeps her cool, reminding us that all No Days will come to an end so we'd better not murder anyone.

Kaela Wilson says

This book is definitely one I could see reading to my class when they might be having an 'off' day.

Bec says

What a thrilling plot and a brilliant twist at end. The characters are so complex and honestly I could not choose a single favorite character. This book kept me on the edge of my seat and it was such a good read. Kudos to the poor mom in the story.

Keris says

How I love this book. I read it to Joe whenever he's had a big shouting day of his own and it always makes me laugh. It makes him feel better too. (Tonight he asked me to snuggle up like the Mummy does in the book and tell him it will be better tomorrow.) I'm not a huge fan of the illustration style, but that's a nitpick because it really is wonderful.

Amy says

Just say NO NO NO to this book. Blech. It seems as if Patterson was trying to write in the same manner as Viorst's "Alexander and the terrible, horrible, no good, very bad day" and epic fails. Whereas kids can relate to Alexander (as well as adults) and know that feeling when everything goes wrong, this book just makes you believe in spanking. The kid in the book is a brat and her tantrums seem blase and annoying. I hated the kid, hated the book and wished I hadn't bought it for the library collection.

Resia37 says

What a dreadful book for kids! I understand what the author is trying to portray but this book pretty much gives the OK to any child to simply throw horrible tantrums all day long without consequence just because they are having a "bad day". An example of disciplinary action should have been displayed by page three. I'm throwing this one in the trash before my kids get the chance to observe this horrible acceptance of poor behavior.

Hoda Marmar says

Shows kids that we all have bad days, and that every day is a new start with a new chance, and that by smiling we can turn things around.

Heather says

We have read this book a million times. A cute story about a girl having a bad day.

A. says

(blogged this here)

From the moment Bella wakes up, nothing is right. Her baby brother is in her room ("GET OUT OF MY ROOM!"), her mother tries to give her an egg for breakfast ("I CAN'T EAT THAT!"), and I won't even mention what happens in the grocery store (except to say that the snide looks from the other customers in the store is classic)!

I bought this book for my daughter's 3rd birthday and she (and the other birthday guests) wanted to read it as soon as it was unwrapped. Just the cover alone is hysterical. Everyone (especially the adults) laughed as we read about Bella's day and recognized my daughter and her cousin on every single page. So, so cute. I highly recommend this one!

Sadia Mansoor says

A tale of a lil *TOO* grumpy & cranky girl :/
