



## Daily Guidance From Your Angels: 365 Angelic Messages to Soothe, Heal, and Open Your Heart

*Doreen Virtue*

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## **Daily Guidance From Your Angels: 365 Angelic Messages to Soothe, Heal, and Open Your Heart**

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Begin each morning by communing with your angels, using the 365 channeled meditations in this inspirational book. Each page offers a comforting and uplifting message that sets a positive and healing tone for the day. This material also functions as a divination tool, as you can ask a question and open the book to a thought that provides guidance, support, answers, and encouragement. Daily Guidance from Your Angels will keep you centered in peacefulness throughout the day, and will help you remember that your angels are always beside you, ready to assist you with every area of your life. A beautiful ribbon bookmark bound into the spine is the perfect way to easily mark your place, both morning and evening.

## **Daily Guidance From Your Angels: 365 Angelic Messages to Soothe, Heal, and Open Your Heart Details**

Date : Published October 1st 2007 by Hay House (first published 2006)

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Author : Doreen Virtue

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## **From Reader Review Daily Guidance From Your Angels: 365 Angelic Messages to Soothe, Heal, and Open Your Heart for online ebook**

### **Lisa says**

This book has graced on it gorgeous paintings of angels, photographs of angels and an overall beautiful design and layout of angelic proportions that adds the splendor of it's passages.

Doreen Virtue writes a short intro to the book by stating you can use that book as a way of connecting to your guardian angels and angel energy just as she likes to start off her days with inspirational material. You can use it as an oracle book if you have a question, read each page in order, or select it randomly to see what the angels have in store for you. Doreen channeled the angels with each of these messages.

It comes with a lavender sown in book mark so you can put it in a message that really inspires you or to refer back to which I think is a great feature to have.

Each message has a few words on top, followed by the message, and than finished with a positive thought for the day such as a prayer, practice or affirmation to say.

Here are some of the messages you can fall on:

Take One Step At A Time

Pamper Yourself

See Yourself Through Angel Eyes

Know That There's Nothing to Fear

Enjoy True Rest

Trust Your Feelings

Shield Yourself

Create or Tend to Your Altar

Lean Upon Us

I have depended upon this book in many instances and it makes me remember the healing power of angels.

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### **Maria Carmo says**

At first I thought that this book might, in spite of its imminent inspiration, be repetitious or just "more of the

same". And although I opted to read it all, I also put it "to the test" (without disrespect, the book itself tells us to try opening it hazardingly and to find out in each day a pertinent message) and I found out that it works that way too...

So, what I did was read the whole book (which was quite therapeutic, by the way, for the books positivity makes us inhale new, fresh air and start each day in a light, good mood version of ourselves!) but when I need to, I open it randomly and just find (almost 97% of the time) a message that makes sense and can shed light on some situation...

Of course I recommend reading it and also using it in that other, helpful way!

Maria Carmo,

Lisbon, 27 Th. February 2013.

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### **Anjana says**

This is a book for those who believe in Angels .m And it's particularly beneficial to those who are into Angel Therapy .

It's to be read slowly . And preferably we should follow the day's message , think of it through out the day , and absorb the significance of the message .

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### **Marla says**

This book is so cool!

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### **Christine says**

Helpful!

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### **Natasha says**

For those days when I just need a little good advice, I like to randomly open this book up to any page. It's very inspiring and well-written. It also provides really good journaling prompts.

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### **Patricia says**

Awesome book! Really awesome! Wonderful messages from our Angels, also included was a "Thought for Today" which i found to be a really helpful addition to the day's message.

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### **Sandy Meiring says**

Love it love it love it

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### **Ann-marie says**

Very good! I love to refer back to it when I feel that I need a little extra inspiration. I also have the calendar form.

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### **Veena Karthik says**

Wish I could make a habit of reading these messages daily, so apt!

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### **Amanda says**

A different daily positive, uplifting, and inspiring message.

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### **Joanna Sundby says**

I have read this book until it fell apart, and I've taped it back together and kept right on reading. It is a fantastic divination tool as well as just uplifting to have on hand for THOSE days.

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### **Janice says**

This is the book I start the day off with. It has daily messages, and they always seem to point me in the right direction first thing in the morning.

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### **MizzSandie says**

This book was okay, the daily reminders and themes worked well, but after a while it got a bit repetitive. Also, even if I'm a spiritual person that believe in angels, for some reason the whole message from the angels 'ask us angels' etc just didn't work for me. It just didn't feel believable and 'true' even if the messages were agreeable. So I just tried to ignore those parts, and would have preferred the book without the direct 'angel voice'. So; maybe this author is just not for me.

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## **Barb says**

I love the cards, I use them every day!

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