



Loving People: How to Love and Be Loved

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Your personal guide to learning how to love.

When you say or hear the words "I love you" it can change your life forever. Love is one of God's most important gifts to anyone, yet there are many misunderstandings about how to make love work in our families, friendships, marriages and dating relationships. In *Loving People*, best-selling author Dr. John Townsend shows you that love can actually be learned, and gives you the steps and tools to become skilled in love.

Using his trademark stories and illustrations to flesh out the important principles, Dr. Townsend covers:

receiving love connecting love healing love confronting love romantic love surrendering love

Through his teaching, readers will discover - and start enjoying - the words, actions, and experiences of authentic love.

Loving People: How to Love and Be Loved Details

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From Reader Review Loving People: How to Love and Be Loved for online ebook

Edmund Walton says

One of the best books ever~

Kendra says

I really enjoy the books I have read by Dr. Townsend, but this one seemed a bit elementary. The information seemed obvious (such as how to connect with people) unless you are just totally socially inept. Maybe I am wrong, but it seems obvious to me to pay attention to what the person is saying, lean forward, to genuinely be concerned and interested in them etc. But it might be helpful to certain people, just not me.

Jeff Bobin says

We all want to be loved and knowing how to love and be loved is something we learn to do. It is not something that we do well without effort.

As our relationships change over time so does the way we express and experience love.

It starts with doing what is best for the person we love before looking to our own needs and desires.

I think this will go on my must read list for marriage and family life but there is something to learn here for everyone.

Mark Manderson says

Learning to love others authentically and in ways that matter to them is the best thing you can do.

Love is seeking and doing the best for another.

My biggest takeaway is need to jump in the well with them when they're experiencing deeper emotions as our natural tendency is to gloss over and move away.

Imee says

One of those I would like to read again and again jsut to remind myself of its lessons... :)

Erin Henry says

4 stars up until the last chapter on romantic love. Wish I'd read that one a long time ago. He defines love as "seeking and doing the best for another". The chapters focus on how to become a more loving person in all your relationships. He reminds us that love is a powerful force for good, the power of God in the world.

Deb says

An excellent book on what love is and what it takes to accept love from other and to give it in return. The aspects of love that it deals are connecting, truth telling, healing, letting go, and romancing. [return]This is a book that for me is one that I will want to get and refer to again and again as I seek to grow in the many areas it covers. The authors advice and explanations all made excellent sense to me. It has a Christian perspective but that is not overstated I think anyone would benefit from the basic principles it covers. Anyone who feels like they could benefit from forming deeper connections with other people should read this book.

Tina says

This book starts with I love You! These three words can change your life! How truly infinite is God's perfect love, And what a journey is to try to fully receive His love and fully Give it away! I have read a chapter of this book and look forward to completing it and applying the truths in my life.

jonesbrand says

Packed with great concepts. Read it twice.

Mona Randall says

What a great growth inspiring read! I also love the title, "Loving People". It could be an action or description. Highly recommended reading.

Laura Dallas says

The best relationship book I have ever read.

Sophie Gissovska says

This book brings healing, hope and more clear image about real LOVE within human beings, with right intentions and right borders as it was designed by God.

Shevonne says

Townsend had great tips and solutions for people who have issues with showing and receiving love. I started using some of his advice, and people in my life started being more receptive. Definitely a great read.

Christopher M. says

The reason I can't give this book 5 stars is twofold. First, for a book about love, written by a Christian, Townsend didn't do too well at tying the topic back to the gospel. If we truly only know what love is in the context of Jesus' sacrifice for us while we were still sinners, I think that ought to play a major role in any book about love between people or otherwise. Secondly, Townsend defines love as "seeking and doing the best for another person." I like this definition, but he does little in specifying what "best" means. Is he implying "God's best"? Is he implying that which will make the person most satisfied in God? Is he implying that which will bring God the most glory through that person? Or something else? Whatever it is, I don't think he ought to take for granted that people will be able to properly judge this with their deceptive hearts.

Those criticisms aside, this was a very good book. I found it very helpful with regard to making connections with people. I found many suggestions that I can apply to my interactions with people in the future. The book contained many specific examples of people dealing with all the issues and elements of love that he talks about. These were both memorable and helpful, as it is easier to examine real life examples than just theoretical ones. Other topics covered are truth-telling, assisting in healing, letting go of harmful relationships or habits, as well as a chapter on romance, defined as the fruits of love within a particular context. I was challenged to examine my own practices regarding how I love people after reading this, and I would recommend it to others without hesitation.

Emil Bredahl says

This book is one of the best books that I have read for a very long time. A master piece that I would like to suggest to anyone who is looking for a good book to read. It is so challenging and convicting and through this book you will grow through hundreds of "Aha" moments.
Amazing book that is surely worth reading
