



Child Psychotherapy Homework Planner

Arthur E. Jongsma Jr. , L. Mark Peterson , William P McInnis

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New and updated assignments and exercises meet the changing needs of mental health

professionalsThe *Child Psychotherapy Homework Planner, Fifth Edition* provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features:

93 ready-to-copy exercises covering the most common issues encountered by children, such as academic underachievement, low self-esteem, depression, and separation anxiety

A quick-reference format--the interactive assignments are grouped by behavioral problems including blended family problems, divorce reaction, ADHD, attachment disorder, social anxiety, language disorders, and unresolved grief and loss

Expert guidance on how and when to make the most efficient use of the exercises

Assignments cross-referenced to *The Child Psychotherapy Treatment Planner, Fifth Edition*--so you can quickly identify the right exercises for a given situation or problem

Downloadable content contains all the exercises in a word-processing format--allowing you to customize them to suit your and your clients' unique styles and needs

Child Psychotherapy Homework Planner Details

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Kerry says

The Child Psychotherapy Homework Planner gives you lots of ideas to work with young people. The Planner is linked to behavioural outcomes in both the Treatment Planner and the Progress Notes Planner. These books are worth the investment.
