



Loving Your Child Is Not Enough: Positive Discipline That Works

Nancy Samalin , Martha M. Jablow

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In this now-classic, straightforward approach to childraising, Nancy Samalin shows parents how to set clear, concise guidelines to ensure positive and constructive discipline. Based on her extensive work with parents and children, she offers the most recent and invaluable advice on:

Avoiding daily battles

Using alternatives to punishment

Dealing with anger

Learning to let go

Diminishing sibling rivalries and much, much more.

Filled with practical solutions to everyday problems and thoughtful, useful information on opening up communication between the generations, *Loving Your Child Is Not Enough* will help parents to truly enjoy their child's growing years.

Nancy Samalin is a contributing editor to *Parents* magazine with a regular column on discipline.
Available on audiocassette from Penguin HighBridge Audio

Loving Your Child Is Not Enough: Positive Discipline That Works Details

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From Reader Review Loving Your Child Is Not Enough: Positive Discipline That Works for online ebook

Jani says

I really like the format of this parenting book. Very readable, non-judging and easy-to-apply concepts.

Andrew says

Seemed to be very similar to scream free parenting, but there was quite a few examples which arise in our house quite regularly.

Lynde says

This is a good book. I would have given it more stars if it were based on original thought or theory. However, about 90% of her ideas are extracted from books authored by faber-mazlich or other "natural consequence" parenting books. I listen to the audiobook in the car sometimes repeatedly as a reminder when I go "off course" and need guidance. It is sort of like a cliffs notes of a number of different authors. I will likely pick up another one of her books. Like i said--good but not stellar. I hope that she can come up with something unique and original. I am sure that it is in there somewhere.

Kristin says

Excellent book. I'll definitely be re-reading and referencing as my child grows.

Ellena says

I thought there were some useful tips within this book for disciplining children. I was raised in a household where I was spanked for bad behavior and the author doesn't condone spanking. Instead it seems as if she feels as if parents should "reason" with a child. Ha! Ha! That might work with some kids but definitely not for others. I was not one of those "reason" with type of children. I don't believe in beating children but children should not be allowed to walk all over parents either and saying, "Now now Johnny how did it make you feel to slap your sister in the face?" Sounds ridiculous to me.

Carol says

Lots of practical advice on how to change the way you speak to your children.

Abby says

I like the practicality of this book. The layout/style is efficient - in dialogue form - but I found that I had to be in a certain frame of mind to read and truly follow it. Then again, I read the book in less than a week - I couldn't stop because the more I read, the more I felt better about myself as a parent! I am reading the follow up book now... love and anger.

Mereke says

Continuing on my parenting books kick, this one gives balanced advice with lots of examples that hit home with me. It tries to find midway point between permissiveness and authoritarianism which is very difficult and I appreciated that it acknowledges just how hard it is to always say the right thing and send the right messages to your children. The last 50 pages were kind of repetitive, but otherwise, I think it's a great read.

Yara says

Well, utmost cleverness is to deliver your thoughts in the most simple words. That's what this book has done. Perfect, concise & precise.

Rebecca Young says

This is a very good parenting book...now if I could only remember any of the tips in the stress of the moment!

In the introduction, the author sets out the focus of the book: My goal is to help parents become more aware of the way they talk, see the effects of their words and begin to respond in new ways to improve relationships with their children. By communicating in new ways, it is possible to promote cooperation instead of resentment, to express anger without hurting or insulting and to set limits on behavior while responding empathically to feelings.

One main point I liked was that you can be permissive about their feelings but strict on their behavior. We can show empathy and acknowledge our child's feelings--they can know that we hear and understand them--without changing our standards of behavior.

And the funniest line of the whole book: A sweater is something you wear when you Mother is cold. :) Too true!

Mitesh Patel says

Timeless piece. Every parent must read, re-read, re-re-read this.

Clacie says

Really loved this audio. The scenarios are just like they are coming from my house. Great tips and ideas. I will definitely re listen to this again and again.

Kelli says

This book should be read by every parent. It was only 2 CDs long and full of very helpful, meaningful and applicable positive discipline. The author wrote much of her book based off of Alice Ginnott. If you've read the book by Haim Ginnott, this would probably include a lot of repeats. It has made a positive change in my parenting. I'm glad I read it.
