



# Forgive Me My Salt

*Brenna Twohy*

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## Forgive Me My Salt Brenna Twohy

Widely known for her performance poetry, which has been viewed over 3 million times on YouTube, author Brenna Twohy's debut collection reads like a letter to all that haunts her-- letting them know that despite her wounds, she's still alive.

## Forgive Me My Salt Details

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Author : Brenna Twohy

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## From Reader Review Forgive Me My Salt for online ebook

### Emilianna says

The best part of this book is the honesty and artistic way of expressing the aftermath of traumas that haunt one as you live. Brenna Towhy is an amazing poet and deserves all the accolades that come her way and more. If you've ever watched her videos performing her poems you can attest to the fact that they are magic. The woman does indeed have carpentry in her mouth and in her pen. For anyone who has suffered trauma these poems will give you comfort and the feeling of not being alone. That someone has put to paper the feeling you may not be able to express for your self but your story has been told and this book is the proof of it.

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### Hannah says

I have been a fan of Brenna's poetry ever since I saw, "Anxiety: A Ghost Story". When she announced her anthology I was extremely excited and preordered the book as soon as I could. Once I had my hands on the book, I read it cover to cover and have read it multiple times since.

Her poetry makes me laugh, cry, and snap my fingers. I have never found poetry I could relate to so well until I read Brenna's.

For all the poetry lovers out there, like myself, I highly encourage you to read this beautiful work of art.

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### Tania Duarte says

Listen, it's 12 at night and I just turned on my computer only to write this, although I probably will not be able to put into words what Brenna Towhy makes me feel.

I got "Forgive Me My Salt" for Christmas and now I think my whole year is made. This is the book I will keep coming back to over and over. For the past couple of years I have read a fair share of poems (both from books and online) and I was already familiar and obsessed with her work, but this book has made my love grow exponentially. I felt so connected to it. I tend to finish poetry books in a sitting, but it took me two days to finish this one simply because it made me too emotional and sometimes hit too close to home in all the right spots. It made me feel like I was drowning. In a good way, if that's possible. And with Brenna's poetry, let me tell you, it is.

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### Edward Goetz says

I reread several of the poems in this collection last night and had to upgrade my rating from 4 to 5 stars. Ms. Towhy is an extremely talented poet and her poems on mental illness, how she described what it was like to live with anxiety, hit close to home. I am looking forward to hearing more from her. I recommend checking out some of her work on You Tube, particularly "Fantastic Breasts and Where To Find Them," which packs a very strong message about the negative impact of pornography on men.

## Isabelle says

### Powerful!!

Brenna really captivated me by the end of this book, with her feminist call out to the porn industry and it's idealisation of underage women, with its presentation of women without personalities, without a background, without anything but their mouths.

It was the poem addressed to the man at the back of a spoken word event which I remember the most - Brenna highlights his boredom for her rape poem as part of the problem. Society has disengaged from our angry voices, even though circumstances have not moved on.

Highly recommended this book!

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## Emily Ritter says

Beautifully written, you can feel emotion in each line of her poems. This is one of the poetry collections that you should read once for enjoyment, a second for clarity, and a third to better understand her experiences. One of my favorite reads this year.

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## Jessica Gadziala says

**"This is the hardest part/ the way a fish is still a fish/ even after she's been gutted"**

I have waited for Brenna's first collection since the first time I saw her do "Fantastic Breasts and Where To Find Them" (which is in this collection, by the way). This was well worth the wait. Absolutely amazing. Not only is it emotionally raw, but it covers multiple topics.

I have read a lot of poetry collections lately where each poem has no more than maybe 15 words, like suddenly the writers have become afraid of words. Brenna is a definite exception to that modern rule. Which I appreciate even more about her.

Read it. You won't be sorry.

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## Frostie Whinery says

### Holy Wow

I avoided this book. I don't know why, but I think it was the title. I've been scavenging Kindle for poetry and downloaded this because it kept popping up and I said, "What the heck? I'll bite". Well, I bit. And chewed. And tried to savor the flavor but I was so hungry that I swallowed it whole. I need this book in physical form. Like a security blanket, I'll hold it at night when the universe decides to make a home of my mind and

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pour starlight from my eyes because this book is therapy in words. You've gained another fan, Brenna Twohy. I'll share your words with every person I know. Thank you for writing.

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### **Regan says**

I read this in the back of my classroom while my students took the ACT and I cried quietly. I cannot wait to read this at home and cry loudly.

I just ordered two more copies because I want to share this with students and friends, but can't bear the thought of not having a copy at my fingertips.

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### **Ashly says**

Just, wow.

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### **Silyara says**

This poetry deals with abuse, with survival, with continuing to live afterward. That is some serious serious stuff. It is all well and powerfully written. It uses cultural references at times, including multiple poems with Harry Potter references. And oh the last one about Little Red Riding Hood. So fucking good. I'd seen bits and pieces quoted on Tumblr, and it does not compare to the whole. Those were good, this is incredible. Just make sure you're in the time/place/emotions to read about that stuff.

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### **Laleska Alves says**

This book is so beautifully written that I want to cry. "In Which I Do Not Fear Harvey Dent" touched me in ways I could never put into words, and I'm currently going through one of those times when it's really hard to be touched by anything. And she did it, effortlessly. Forgive Me My Salt is one of those books you're glad you got to read before you die. I hope she publishes a thousand more; I'll read every one of them.

"Sometimes, a child will go under  
while their parent is watching,  
and they don't even know  
anything is wrong.  
My mom asks if everything's okay,  
and I say *of course*.  
Drowning is a quiet,  
desperate thing."

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## **emma says**

i wanna read this with new eyes again and again and again

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## **Morgan Nikola-Wren says**

First of all, if you haven't checked out Youtube videos of Brenna Twohy tearing up Button Poetry, look her up. Like, now.

Second, I tried. I tried to pace myself and I just couldn't do it. I swallowed this book whole in a matter of hours. And I regret nothing. The raw stories Twohy pulls out of herself are coupled with a talent I can only aspire to.

Cannot wait for her next book, Zig-Zag Girl.

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## **Sam says**

*Watching Someone You Love Die Slowly*

*isn't anything dramatic.*

*It's a pinata at a birthday party.*

*They have been beaten so many times,  
it's no wonder they split open.*

*It was only a matter of time  
before everything inside of their chest  
started pouring out.*

Doesn't mean it won't hurt.

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