



Basic Human Anatomy: An Essential Visual Guide for Artists

Roberto Osti

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A comprehensive, yet flexible and holistic approach to the human body for artists, Roberto Osti's method of teaching anatomy is exhaustive, but never loses sight of the fact that this understanding should lead to the creation of art.

Basic Human Anatomy teaches artists the simple yet powerful formula artists have used for centuries to draw the human figure from the inside out. Osti, using the basic system of line, shape, and form used by da Vinci, Raphael, and Michelangelo, takes readers step-by-step through all the lessons needed in order to master this essential foundation skill. Organized progressively, the book shows readers how to replicate the underlying structure of the body using easy-to-understand scales and ratios; conceptualize the front and side views of the skeleton with basic shapes; add detail with simplified depictions of complex bones and joints; draw a muscle map of the body with volumetric form and realistic dimension; master the feet, hands, and skull to create realistic renderings of the human form; and apply a deeper knowledge of anatomy to finished drawings for more impact.

Basic Human Anatomy: An Essential Visual Guide for Artists Details

Date : Published October 18th 2016 by Monacelli Studio (first published May 24th 2016)

ISBN : 9781580934381

Author : Roberto Osti

Format : Hardcover 304 pages

Genre :

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Natosha says

The book, Basic Human Anatomy by Roberto Osti and Peter Drake is absolutely a gorgeous look into the human form. There are images of the muscles, the bones, the many parts of the body, the inside and outside view. In each drawn illustration are examples of either male or female body parts. What I adore best is that this is a perfect way to learn the body and even how to draw it!

I really want to point out my favorite part is that this doesn't fill you with words but more images. I love that each image is of the actual body shape nothing cartoony or fake. Therefore, you'll be able to draw, paint and in any other artistic way, create the perfect human form. This book actually reminds me of my mom's old art book of the human form. In her book, there is nothing inside that you don't need, but much of what you want to know for drawing the body. In other words, you get more images and less writing about stuff you really don't need when creating an image of the body. You could even purchase those books designed for doctors and nurses, but if you want a really nice body book with tons of images to draw a good human shape, then this book is one to buy!

Inside, you'll notice the many different ways to draw and design the body, from the perfect head to body ratio to creating the right proportion of the entire body pieces. I mean this will cover so many parts that you'll learn to draw and helpful tips. One, for example, the use of a pencil can be a great way to create the right size body, that tip I'll be using from now on! However, there are plenty of others, which really come in handy. This is absolutely a book I am so glad to own! For me, the body was always a hard thing to draw and this book is giving actual images to view and practice with the guidance inside. Finally, if I ever wanted a true professional book on human body anatomy, this book would be it!
