



Sleeping with Paris

Juliette Sobanet

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Date like a man in the City of Light and Love...

Charlotte Summers is a sassy, young French teacher two days away from moving to Paris. Love of her life by her side, for those romantic kisses walking along the Seine? Check. Dream of studying at the prestigious Sorbonne University? Admission granted. But when she discovers her fiancé's online dating profile and has a little chat with the busty red-head he's been sleeping with on the side, she gives up on committed relationships and decides to navigate Paris on her own. Flings with no strings in the City of Light—*mais oui!*

Determined to stop other women from finding themselves in her shoes, Charlotte creates an anonymous blog on how to date like a man in the City of Love—that is, how to jump from bed to bed without ever falling in love. But, with a slew of Parisian men beating down her door, a hot new neighbor who feeds her chocolate in bed, and an appearance by her ex-fiancé, she isn't so sure she can keep her promise to remain commitment-free. When Charlotte agrees to write an article for a popular women's magazine about her Parisian dating adventures—or disasters, rather—will she risk losing the one man who's swept her off her feet and her dream job in one fell swoop?

Sleeping with Paris Details

Date : Published July 16th 2013 by Montlake Romance (first published 2011)

ISBN :

Author : Juliette Sobanet

Format : Kindle Edition 320 pages

Genre : Womens Fiction, Chick Lit, Romance, Contemporary Romance, Fiction, Contemporary

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From Reader Review Sleeping with Paris for online ebook

Jess says

This is a true example of a chic lit novel. Saucy, fun, lighthearted and humorous. It made me laugh out loud, cringe and tear up (almost) throughout. The characters were hilarious and not at all cheesy like they can be.

I have read another book along the same lines as this one - Friday Night Cocktails, but Sleeping with Paris is definitely well written with a more well rounded storyline and characters.

I am especially a sucker for novels written in or about France, I will buy (and finish reading) even the WORST book if it is based around the City of Love (case in point Love Song by Alex Miller, a painfully boring French story), but this one vibrantly described the streets of Paris and made me nostalgic to return there myself!

It won't be for everyone, but this would be a perfect book to read while on holidays - something you can easily put down but just as easily pick back up again.

Ana says

Ok, before writing down my review of this AMAZINGLY FUN book I want to have your attention and just briefly tell you what this book focuses on.

1. Paris a.k.a city of Light and Love
2. Chocolate
3. Hot Parisian guy (but this is the most important part, right?;)

So, if you mix all these three you get a sweet romance story, placed in one of the most romantic cities in the world, Paris! Of course I have your attention now, but trust me..the story just gets better and better.

All her life, Charlotte Summers has been dreaming about two things - moving to Paris and having a faithful, loving, romantic partner. Finally, looks like her dream is about to come true, she is engaged to be married to Jeff Dillon, hot and successful lawyer and they are about to move to their own apartment to Paris! What else could a girl want?

Could life become THAT perfect?

Just two days before leaving, she finds out her loving Jeff has been cheating her for months, and even planned on continuing this "double" life once they settle in Paris!

So, charming Jeff turn out to be lowlife Jeff! Oh well, he sure isn't the only bastard she dated over the years. Actually, every guy she dated was cheating on her! Wow, now this is what I call epidemic!

'So, with a plane ticket, an acceptance letter, \$15,000 and a broken heart, she is on her way to Paris.'

Sweet and reasonable Charlotte becomes single, wild, adventurous Charlotte writing down her RULES on her blog, sharing her dreadful experience, reaching out to all the women in the world that have been hurt by men.

And so the rules are set - How to date like a man in the city of Love!

While trying to heal and pick up the pieces of her broken heart, Charlotte is going to find out what true love is and is about to have her "walls" down.

What a fun book! I absolutely love everything about it, from the colorful cover to the characters and charming French phrases! Charlotte is really sweet, and though after the Jeff situation she may seem to you like a man-hater (I say this to warn the male population that is going to read the book) she will grow on you

from the first minute. Some say chick lit is predictable to some extent, but on few occasions I really couldn't see some things coming. Charlotte's friends are also very likeable characters, different but well developed and you can certainly feel the girly-bonding between them. As for the romance part, oh I am trying not to reveal much about the hot, sexy, charming Luc..the man every woman dreams about. Sweet Luc is going to melt your heart ladies! Ah, if only there were more man like him out there!

Seat yourself comfortably, grab some chocolate and enjoy this lovely modern romance story. Finally, I would like to thank Juliette for giving me a copy of this wonderful book! I am really looking forward to reading the sequel 'Kissed in Paris' and I hope the author won't let us wait on it for too long. Je t'aime Juliette et merci beaucoup pour le livre :)

Crystal says

My whole review got deleted, so sadly I'll keep it short and sweet.

This novel was the epitome of chic lit and it was great. I lost myself in this novel because I related to the heartbreak and the healing process that our main character, Charlotte, had to go through. This book made me laugh out loud, feel sad, feel angry, be in disbelief...etc. At times Charlotte could be immature but she learned from her mistakes in the end. I loved the scenery in the book! Paris! The city of love!

We can't forget about the French hotties! Especially Luc, who Charlotte tries to fight her feelings for. He was nearly perfect and I wouldn't mind being fed chocolate in bed from him either. Seriously!

I'm so happy I read this...can't wait to read the next one!

3.5-4/5 stars!

Nikki says

DNF at 35%

This book is exactly what the title says, "Sleeping with Paris." (Yes, it appears the main character is trying to work her way through every guy in France.)

Charlotte, a woman who just found out her fiance was cheating on her goes to France and starts a blog that encourages women to date like a man. But all I'm getting out of this is how to sleep around with every guy she meets in a bar.

The main character has a hot neighbor that of course she has sex with. And then she proceeds to go out and make out with every guy that she meets. I drew the line when she got on a bus filled with a soccer team that she just met (in a bar, shocker!!) to drive an hour away to their hotel. And then once she is in bed with this stranger, she decides that maybe this was a bad idea and calls it off. But gets mad at the guy. What???? Don't act like a slut then. Okay I'm done.

No, I don't have a problem with drinking and sex in books, but there is a right way and a wrong way to go about it.

And it takes a lot for me to DNF a book.

Dede says

O carte numai bună de citit în vacanță, o lectură relaxantă și amuzantă, care îți arată că, de cele mai multe ori, ceea ce îți imaginezi, ceea ce vizualizezi în mintea ta, nu va coincide cu realitatea crudă ce-ți spulberă speranțele și visele, chiar înainte de a și le materializa.

Renunțând la job-urile ei, Charlotte Summers abia așteaptă ca, peste doar două zile, să plece la Paris împreună cu logodnicul ei, Jeff. Pentru a sărbători plecarea lor, aceasta cumpără o amănunțită și se îndreaptă spre locul de muncă al iubitului ei. Dar, când intră în biroul lui Jeff și descoperă pe computerul lui că, cel pe care-l credea iubirea vieții ei, și-a postat poza pe mai multe site-uri de "date"-uri, simte că totul s-a prăbușit în jurul său.

Observând că acesta tocmai ce a primit un mail, și curioasă din fire, îl deschide și citește mesajul, care provenea de la o roșcată foarte atrăgătoare. Decide să-i răspundă fetei, pe nume Brooke, și află că Jeff juca la două capete și nu numai. Dorea să continue acest "joc" cu donatoarea și după ce ei ajungeau la Paris.

Când "iubitul" ei și face apariția, Charlotte hotărăște să se despartă de el. Se duce la prietena ei cea mai bună și-i povestește ce s-a întâmplat și că nu mai vrea să plece la Paris. Katie îi spune să nu renunțe, să-l dea uitării pe idiot și să plece, așa cum și-a dorit mereu. Până la urmă, Charlotte decide să-și urmeze visul - cel de a deveni profesoară de franceză într-una din școlile pariziene - și pleacă singură la Paris. Ei, bine, nu chiar singură, ci cu 15.000 de dolari și cu inima frântă.

Ajunsa la Paris și cazată la un cămin studențesc, tânără se simte copleșită de singurătate și de iubirea pe care încă o simte pentru logodnicul ei. Este confuză și o încearcă sentimentul de a trece peste trădarea lui, oferindu-i o nouă șansă. Dar nu cade pradă tentației și și creează un blog în care le va sfătui pe femei cum să acționeze în amor exact ca un bărbat, dând exemple chiar din viața ei.

Luptând cu greu împotriva impulsului de a-l suna pe Jeff și nemăiestruindu-l nici clipă să stea închis, Charlotte se hotărăște să iasă în oraș. Așa că pornește spre dușuri, care erau la comun, din păcate. Pe când ieșea de-acolo, înfățișată doar într-un prosop, dă peste un francez sexy pe jumătate dezbrăcat. Și ce mai francez!

Dar asta nu este tot! Odată ieșită în oraș, alături chiar de francezul sexy, o va cunoaște pe Lexy. Împreună cu aceasta, va avea parte de numeroase peripeții și ieșiri nebune, unde și va pune în aplicare propriile sfaturi.

Pe parcursul poveștii, o vom cunoaște și pe Fiona, o tânără englezoaică timidă, înțelată și ea de propriul iubit, ce va deveni o bună prietenă pentru Char a noastră, și pe Marc, un tânăr francez, viitor medic, ce va fi elevul Charlottei, luând lecții de engleză de la aceasta.

Treaba cu blogul merge tot mai bine, Charlotte fiind încântată de comentariile primite. Dar, când se lasă cu urmări neplăcute, deși aceasta a fost bine intenționată atunci când le-a scris, toată lumea va avea de suferit. Chiar și ea.

Cat says

I can't decide if I really like this book, simply like it, or don't like it...and here's why:

I really like this book because: I've been through something similar. Having been in a committed relationship with plans on getting married, only to find out that he was cheating on me was seriously depressing. Furthermore, because we ran in the same circles, it was impossible not to see him often and have the situation thrown back in my face, so I definitely know what it feels like. Plus after studying French for 5 years, it was nice to see bits of it throughout the book :).

What I liked: she tried to get over it. She got to go to a fabulous country and live out one of her life-long dreams. Even when she was busy "dating like a man" she didn't take it too far, and still had her own slightly off-kilter moral compass. I also liked that, at the end of the story, she came to (many) life changing realizations and acted upon these newly found epiphanies.

What I didn't like: was that for most of the book she was selfish and couldn't think further than her own semi-destructive behavior. I think the blog was a brilliant way to let out the emotions and the steam, and a decent coping method. I don't even mind that she almost whored it out. I do mind that she was so self-absorbed that she waste most of her precious and limited money on wine and eating out, completely disregarding her goals of going to school and making a good impression on her mentor/guidance counselor. I was also extremely annoyed at her lack of forethought when it came to meeting with Madame Rousseau: missing their first meeting, being late to their second meeting (this is sort of excusable), forgetting to schedule an appointment (seriously, I've written a thesis and had to schedule appointments months in advance), falling asleep outside Madame Rousseau's office, etc. You are a grown woman. No excuses.

Lastly, I suppose I am annoyed with the protagonist because she kept falling back into her rut. She would get out and realize that she was living her dream and then go back to wallowing in her misery while destroying all the good things she had left in her life. Yes, I realize it's depression (having gone through it myself), but she could have been so much productive. She could have used all her free time not dating/falling in love to get the most out of school and living in Paris. But, then she wouldn't have created all those disasters for herself and wouldn't have learned a lesson, I guess. And, this might be petty, but it really bothered me that Luc told Charlotte to meet him at 7h (7 o'clock) but in France they use standard (or Army) time, so it really should have said 19h, n'est pas?

Overall good read with funny moments. I think it's much easier for the reader to realize things, no matter how relatable the character is, much faster than Charlotte does. ***SPOILER*** For instance, it is quite obvious that Luc has a daughter and even more obvious that Charlotte has feelings for him. The ending was mostly predictable - you knew it was going to happen, you just weren't sure how long it would take.

Searock says

3 stars (I had it at 3.5, but you know how that can change after you close the book and a couple days go by...)

Some notes:

This book gets good marks for enjoyment, but there's not much more than a straightforward, 1st person, lighthearted, misadventure in a youthful Parisian setting.

A little predictable.

Not much stress.
Lots of relatability.
HEA, of course :)

Recommended for young adults or readers in a youthful mood.
Emotionally interesting but stays in the shallow end with trips to the angsty side of the pool for toe dips.

Kellie Maddox-Ward says

As I said in my review of *Kissed in Paris* this book was fun. I was glad it was free too!
It wasn't **OMG-I-CAN'T-PUT-THIS-DOWN-AS-I-HAVE-TO-KNOW-WHAT-HAPPENS-AND-IF-THEY-LIVE-HAPPILY-EVER-AFTER!**

Just plain simple, light, fluffy, clichéd, **fun**.

Long story short-

Charlotte is engaged to Jeff- a rich-sexy lawyer. They are moving to Paris in 2 days and she couldn't be happier.

Until she finds out that he has been cheating on her, by finding his online dating profile... On 3 sites...

She heads to Paris by herself, hating him and herself and drinks A LOT of wine. She then starts a Blog about how to date like a man, by just using them and not letting your feelings get involved

The story basically consists of drinking wine, going to school, eating croissants. walking around Paris, eating Nutella crepes, drinking coffee, drinking more wine. Sleeping around, making friends, drinking more wine, crying, writing in her blog, drinking well.. Well you get my point...

**NOTE*--(It just makes me want to go back to Paris and do these things as well!!, well besides the blog and living there, just a holiday would be fine. Who am I kidding I just want to go eat, drink wine and people watch! Ok so off topic Kellie!)*

But of course as with all cliché books she meets a Sexy French man and it all changes yadda yadda yadda they have sex blah blah blah they have fun and sex and then he screws up blah blah blah they have sex she screws it up just as she realises she is in love with him yadda yadda yadda HEA.

But I must say that although Luc was Sexy and well French (who doesn't love French men?!) He had my heart when he not only gave her multiple orgasms.... He then **HAND FED HER CHOCOLATE!!** Like **EVERY** time they had sex he had chocolate there... ***sigh*** one of the reasons I loved him!

Leah says

This was a cute, quick read. A typical Chick Lit read but there's nothing wrong with that when that's what you're after. The only problem I had was Charlotte's whole "it doesn't matter who you sleep with - married, with someone, single etc" blog post. If your own engagement ends because of cheating, how can you justify sleeping with a married person? IT TAKES TWO TO TANGO. It does not matter WHO the married one is,

it's STILL CHEATING and it's STILL WRONG.

Except for that one silly hiccup, I did like the book. I do enjoy books set in Paris.

Tracie Banister says

Sleeping with Paris, the breezily written debut novel of Chick Lit author Juliette Sobanet, was the perfect pick-me-up to read while I was suffering through a post-holiday cold. It was well-paced, entertaining, and best of all it had surprising depth and did an excellent job of plucking at my heartstrings.

The story centers on the emotional journey of Charlotte Summers, who in the opening scenes of SWP is devastated to learn that her "perfect" fiance is a two-timing dog. Without a man, a place to live, or a job (Charlotte had given up the last two thinking that she and Jeff would be studying/working in Paris for a year), our heroine has to scramble and make some big decisions about what to do. She boards the plane to France, determined to enjoy her time in the City of Lights and never to risk her heart again. She plans to accomplish this by dating like a man (no intimacy, no commitment, just fun and sex) and she even starts a blog to share her escapades with other women. Along the way she meets one great guy aka Half-Naked French Hottie and an assortment of horny, weird, superficial, cheesy guys of various nationalities. Because she's in pain and not really thinking clearly, Charlotte has some lapses in judgment and makes a series of mistakes, not just with her love life, but with her friends and career, as well. How she deals with the fallout from these mistakes and finally finds her happy ending makes for a really engrossing read. I will confess that I got a bit teary-eyed over the sweet, romantic dénouement of the book.

Sleeping with Paris is a treat for Chick Lit lovers and I look forward to reading many more wonderful stories by the talented Juliette Sobanet. I did check out the sneak peek of Kissing in Paris (Sobanet's second book) that was tacked on to the end of Sleeping with Paris and I'm already intrigued and excited to read the rest!

Talli Roland says

A fun read about a heartbroken American newcomer to the City of Love... and how she manages to overcome her hurt (and various other obstacles, along the way!). If you love Paris, you'll definitely enjoy this. I did!

Jo says

So what happens when you decide as a girl to date as you perceive boys do and do so in a foreign country? Well the results are not necessarily what you expect

Charlotte is heartbroken when she discovers her fiance, Jeff has been cheating on her just days before they are due to move to Paris together to start a new adventure! So what do you do in that situation, why of course you pack your bags and head off to Paris anyway to study and live in a university dorm!

This is Charlotte's journey through dating and partying and trying to survive a break up, a new country, new rules and new friends. A bit predictable at times, and a bit unpredictable at others.

Lexi and Fiona are great friends, as is Katie back in the US. Charlottes opinions affect their friendships and can she turn it around in time

Luc the love interest is behaving weirdly and Charlotte is determined to label him as a bad bet for her to get involved with...

A fun read

Meredith Schorr says

Sleeping With Paris is a story about a young woman who, after discovering that her fiancée has been cheating on her, decides to move to Paris by herself even though she was supposed to move there with him. Bitter and jaded after having her heart broken, Charlotte decides to experiment with dating "like a man" and she starts a blog to journal her experiences. The experiment is made easier after she meets a new friend, Lexi, who claims to have no interest in men aside from sex. While slowly mending her heart from her ex's deception, Charlotte finds herself growing more attached to Luc, the "half naked French hottie" who lives in the same apartment building.

Sleeping With Paris was quite the rollercoaster ride and I really enjoyed it! Some scenes, especially Charlotte's date with a frisky man she met in a club, had me laughing out loud. The author also did a great job of creating storylines for many of the secondary characters and I liked that they were not only there to support Charlotte.

What I liked best about the book was how realistic Charlotte's journey was in moving on from Jeff, her cheating bastard of an ex-fiance. Even though she knew he was no good, there was a part of her that wanted him to prove her wrong and to fight for her. And even when she was dating other guys and growing more attached to Luc, she still stubbornly held onto her feelings for Jeff. And even though she seemed to enjoy her dating escapades, at the core was a desire to throw them in Jeff's face. What woman cannot relate to that?? At the same time, there were moments in the book where I really did not like Charlotte, especially a scene where she allows herself to "be taken" by a man she has no desire to really be with and afterwards just shrugs it off like it was nothing. I found that scene very hard to swallow and it took me a while to like Charlotte again. Additionally, I found her to be selfish in her attitude about her parent's separation, as if their lives were supposed to revolve solely around her. 55 year old parents are just as entitled to find their happiness as 25 year olds. I shrugged that off as immaturity but was hoping for an "aha" moment that never came.

In sum, I found this to be a very engaging and entertaining book full of drama, conflict and, of course, a satisfying happy ever after ending. Good sex scenes too :)

MsRomanticReads says

A woman scorned does really dumb things.

All is right in Charlotte Summers' world. Her fiance Jake is a successful lawyer, he's sexy and they're moving to Paris in a matter of days. She visits his office to celebrate her quitting her job, however he's not there. While she checks her email from his computer, an instant message pops up on his screen. With that, her whole world comes crashing down.

After finding out about his infidelity, she chooses to go ahead to Paris anyway, alone. She has always dreamed of studying at the prestigious Sorbonne University. Her first day at the dorm, she has a run-in with a sexy French guy in the communal bathroom. When they see each other again a few hours later, he invites her to spend the evening with him and his friends. Not wanting to be alone, she tags along and meets Lexi, a fellow American. Lexi's lifestyle attracts Char instantly – go out, have fun, don't get attached – you get the picture. With all the time she has to spend obsessing over her cheating ex, she decides to start a blog – How to date like a man in the City of Love. She figures if guys can play games, she can do it too. And thus begins this ridiculous story of a scorned woman trying to validate herself by acting like the scumbags she has been accustomed to. All the while Luc hovers in the background as someone who comes to mean a little more than any other conquests, but her stubborn heart refuses to accept what her brain is telling her. Will she ruin her chances of finding a happily ever after?

I'm just going to say it ... I didn't enjoy this story. So why did I bother reading it much less finish it? I read it because I too have had my fair share of breakups, and one time actually did involve me finding a profile on an adult dating website. Hidden, but clearly not hidden well enough. Anyway, I wanted to see how this character would deal with the blow, and I'm a sucker for a good romance where the ex either gets a taste of his own medicine or he finally realizes what he's lost once it's gone. It started out well enough. I was rooting for Char to go after her dreams, even if it meant going it alone. After 26% of it, I began to hate the path this story was taking. I couldn't bond with the heroine and every time she jeopardized herself, I actually found myself feeling quite pleased - *"stupid is as stupid does"*. She hardly deals with the anger and her pain – instead she takes it out on unsuspecting males by behaving just like Jeff. As if that wasn't bad enough, every entry in her blog bashes men – like she's lumped them all in the same bag. If she'd have kept those posts to her own personal observation, I'd have been fine with it, but then she started adding advice to her readers. Seriously? She's a hypocrite to boot; expecting others to do certain things that she herself fails to do.

"Remember you're in this to have fun, not to be sketched out and uncomfortable. You are to fabulous and smart for that."

"Do guys ever put up with crazy behavior from us? No, never. They run for the hills as fast as their little penises will carry them."

First of all Char, you are crazy and secondly, this from a woman who just ran like her pants were on fire after the disastrous date with Frederic, the horny octopus?

"I didn't want my new friend to get the wrong impression of me—fresh out of an engagement and already hanging out with a new guy on my first week in Paris—a divorced guy at that."

If Char shares her blog with Fiona, that blows the whole first impression worry to hell. Fiona will be able to read all about what Char's been up to.

I knew she'd have her epiphany at some point, but for me it was too little, too late. She didn't figure things out until nearly the end of the book.

Luc was the only shining character in this book, and in my opinion, he was way too good for her. I loved Katie; she seemed the only sensible female around. As for everyone else, they were way over the top in their crazy behavior. I didn't care for the writing either. It often sounded a bit frantic and made the characters seem juvenile.

Now ... if you want to read a few more things I took issue with you can read on: (view spoiler)

Cara Ellison says

I had high hopes for this one. However, it became clear very quickly that the writing was going to drive me bonkers. There were so many point-of-view slips that I could no longer overlook them. Additionally, there was a lot of telling instead of showing, and required way too much suspension of disbelief. This is my first DNF of 2012, I'm sorry to say.
