



## Living, Loving & Learning

*Leo F. Buscaglia , Steven Short (Editor)*

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LIVING, LOVING AND LEARNING is a delightful collection of Dr. Buscaglia's informative and amusing lectures, which were delivered worldwide between 1970 and 1981. This inspirational treasure is for all those eager to accept the challenge of life and to profit from the wonder of love.

## Living, Loving & Learning Details

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## From Reader Review Living, Loving & Learning for online ebook

### Christine Goudroupi says

Διαβ?στε μ?νο αν ε?στε τ?ποι που πιστε?ουν ?τι μπορο?με και πρ?πει να κυλι?μαστε  
αγκαλιασμ?νοι στα λιβ?δια.

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### Janell says

In the very early 80's. A wise woman suggested I read Leo's books and watch for him to appear on the PBS station. I followed her advice and his work. I have carried his suggestions and ideas inside my heart for all these years and I am still hoping and waiting for people to take his advice to heart. Now that I am in my 50's, I look around today and I think that people are finally doing this. Hopefully it is not just a trick of light....  
.....My favorite story was one that he told of how his family would celebrate when a bad thing would happen. So when they were getting through the tough times they would have some Joy to talk about and remember and feel better. It is difficult to hold more than one memory and feeling in your mind at one time. So creating Joyful times is important. We can keep them, take them to the funerals.....Laugh and be happy. It is much easier to accept that way.

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### k8beeZ says

Do a random act of kindness....When you receive a book from the library which you particularly resonated with... leave little notes of love in the book for the next person to find.  
I opened up this book to begin to read and the page 111 (how very ascension) was circled in pencil the Index, for the chapter of 'Bridging the Barriers.' I immediately turned to page 111, since it was circled...and out fell a little note which said "i love you"  
I was so filled with joy and warmth that I just laid down and basked in the feeling for quite some time.  
I will keep that note always and put in my own note for the next person...on my favorite page. :-) People are so cool!

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### Galateia says

I read it as a teenager and I remember that I loved it.  
One of the highlights---this poem by a female student who wished to remain anonymous:

'Things you didn't do'

Remember the day I borrowed your brand new car,

And I dented it?

I thought you'd kill me,

But you didn't.

And remember the time I dragged you to the beach,

And you said it would rain, and it did?

I thought you'd say, "I told you so,"

But you didn't.

Do you remember the time I flirted with all the guys to make you jealous?

And you were?

I thought you'd leave me,

But you didn't.

Do you remember the time I spilled strawberry pie all over the rug in your new car?

I thought you'd hit me,

But you didn't.

And remember the time I forgot to tell you the dance was formal,

And you showed up in jeans?

I thought you'd drop me,

But you didn't.

Yes, there were lots of things you didn't do,

But you put up with me, and you loved me, and you protected me.

There were lots of things I wanted to make up to you.

When you returned from Vietnam,

But you didn't.

## Martine says

Buscaglia is awesome. I try to imagine what it must have been like to have been one of his college students. I love how he embraces life and encourages us to embrace others, if not physically then by doing small acts of kindness.

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## Patti says

I read Buscaglia back to back with Peck's *The Road Less Traveled* and it was like night and day. Their approaches to life are opposites. I prefer Buscaglia. He's a big Italian teddy bear who wants everyone to get along and to find out what makes them happy, and to enjoy life. Peck is more Calvinistic - nose to the grindstone, delay gratification, if it feels good it's probably bad for you... Now of course, I read these books about 20 years ago so my memory might be embellishing - I do recall however, putting Peck down and thinking, "What a horrible way to live," and then wishing Leo Buscaglia was my brother and I could go hang out with him, drink some wine, eat some lasagna and have some laughs.

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## N?ρα says

Δεδομένης της διαφ?μισης και των κριτικ?ν που ?χω δει ?ταν πολ? κατ?τερο των προσδοκι?ν μου. Κατ? τη γν?μη μου δεν τ?σο ωρα?ο ?σο το παρουσι?ζουν. Επαναλαμβάνεται συνεχ?ς, ε?ναι κ?πως κουραστικ? και βαρετ? βιβλ?ο. Σε κ?ποιους μπορε? να φανε? ουτοπικ?, σε κ?ποιους θα αρ?σει π?ρα πολ?. Δεν με βο?θησε και τ?σο στην ψυχολογ?α μου, ο?τε ?νιωσα ευτυχισμ?νη μ?λις το τελε?ωσα. Ε, ?χι δα! Μου θ?μισε τις ανοησ?ες που δι?βασα στον Αλχημιστ? του Κο?λιο.

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## Magdalen says

3,5 \*

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## Trovato Solo says

Es un libro simple, que se puede leer en un suspiro y sin esfuerzo. Incluso si eres perezoso para leer. [...] Desde la pregunta: ¿Cuál es la experiencia de ser un ser humano?, el autor devuelve muchos consejos y puntos de vista de los cuales todos debemos aprender. Aunque si somos personas que piensan que es el nuestro planeta Tierra que necesita cambiar (esto para los más pesimistas). Con otras palabras, en manera dulce Leo Buscaglia cree que nos enseña a aceptar todos esos cambios que en la vida existen. Y como lleva el título de su libro mismo: ser un ser humano se trata de vivir, amar y aprender.

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## **Zach says**

This book was originally required reading for me. It became the best \$0.01 I ever spent on Amazon. The lessons taught in Dr. Buscaglia's book cover a myriad of topics from communication to trust to feelings to hugs. Along the way he provides wonderful insight and advice to those who wish to understand themselves and everyone else who considers themselves human. Surprisingly, this work was entertaining, informative and useful to me and I am nowhere near being a member of the Bleeding Heart Brigade. At the very least it is a guide to some understanding, cooperation and even a little tolerance among all of us. It is definitely worth the read, and the 1 cent it costs to buy the paperback.

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## **Annatsoup says**

Is there anything else a man can ask for? Leo Buscaglia has the tremendous ability to bring out our finest self with this book! This book contains advice and points of view we should all be familiar with if you also belong to those people that think that this world needs a change :)

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## **Sarah Minnella says**

I generally hate self-help/inspirational type books, however this book holds a soft spot in my heart.

Living Loving and Learning is a collection of Leo Buscaglia's lectures and is replete with anecdotal interactions from students, readers, and friends. Buscaglia's message is inspired from everyday events that we often fail to notice. He points out most people take too many things for granted and become misguided by fame, authority, or money. They forget the real meaning of living and loving. Buscaglia says that we have an obligation to become all we can be; that we can't give what we don't possess, therefore in order to give ourselves, we need to cultivate what we have to offer. He also teaches us that everything we do must be done with love and that our actions impact those around us.

Buscaglia teaches that it is one thing to have achievements and successes in life, yet it is another thing to live the way humans were meant to live – through the senses, through relationships, and through perpetual self-improvement. And the most wonderful message I took from this book is that acts of love can not only build bridges between people, and change people's day but can also change people's life.

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## **Kristin says**

To be honest I wasn't expecting to like this book very much. It was one of those books always touted as something you "had" to read if you were going into education back when I was in college. So, of course I avoided it like the plague.

When my book group selected it, I ordered it from the library and gave it a shot. It was much better than I thought it would be. In some ways it was what I expected: Everyone needs love; everyone needs to show love to everyone else; everyone needs to be their best self; etc. But I think what saves this book is the palpable sincerity of the author. Leo Buscaglia clearly believed the message he was sharing and he was very passionate about it.

Because this book is a collection of lectures and speeches, it can get very repetitive after a while. If you only read one or two of the lectures you would basically get the same message you get by reading the whole book. He phrases things differently and uses different examples, but the message is essentially the same in all of them.

While there wasn't really anything new in this book, it is certainly a message that bears repeating. It's easy to forget how much you can make someone's day just by taking a minute or two to say something nice to them or do something nice for them. Everyone can use more love in their life.

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### **Giuseppe Sirugo says**

Una valutazione ipotetica di quattro stelle per la sobrietà del volume. La stesura si muove da quella che è l'essenza umana, che data la propria semplicità ne rende un libro che può essere letto senza sforzo o pause prolungate. Regola valevole anche se nel leggere il soggetto è una persona pigra.

Dalla domanda: qual è l'esperienza di essere un essere umano?, l'autore devolve ai suoi lettori molti consigli e punti di vista dei quali tutti dovremmo imparare. Circostanza valevole pure per coloro che pensano che sia il nostro pianeta Terra che ha bisogno un cambiamento, e no le persone che lo popolano (ciò per i più pessimisti). [...] Con altre parole, in modo dolce, Leo F. Buscaglia con questo volume avrà creduto d'insegnare ai lettori che bisogna accettare tutti quei cambiamenti esistenziali della persona. E da una sintesi di tre parole per poi ricongiungersi a quanto menziona il titolo del libro stesso: essere un essere umano significa *vivere, amare e capirsi*.

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### **Cem says**

?lk okudu?um ki?isel geli?im kitab?yd?.  
Biraz abart?!? da olsa çok güzeldi.

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