



I Think, I Am!: Teaching Kids the Power of Affirmations

Louise L. Hay , Kristina Tracy , Manuela Schwarz (Illustrations)

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“Your thoughts create your life!” This is the message that **Louise Hay** has been teaching people throughout the world for more than 27 years. Now, children can learn and understand the powerful idea that they have control over their thoughts and words, and in turn, what happens in their life.

Within the pages of *I Think, I Am!* kids will find out the difference between negative thoughts and positive affirmations. Fun illustrations and simple text demonstrate how to make the change from negative thoughts and words to those that are positive. The happiness and confidence that come from this ability is something children will carry with them their entire lives!

I Think, I Am!: Teaching Kids the Power of Affirmations Details

Date : Published October 15th 2008 by Hay House
ISBN : 9781401922085
Author : Louise L. Hay , Kristina Tracy , Manuela Schwarz (Illustrations)
Format : Hardcover 32 pages
Genre : Childrens, Picture Books, Self Help

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From Reader Review I Think, I Am!: Teaching Kids the Power of Affirmations for online ebook

Cynthia Strobel says

This is a book that has a " I think I can theme", not a typical reading book. Well illustrated but not very interesting as a type of entertaining book.

Galina says

I expected this book to be more explanatory, my 4 year old was not engaged as I was reading it to her. I love Louise and own many books / audios by her, so I expected this book to be very interesting. Luckily I did not spend \$15 on this book, I borrowed from our library.

Talisa Timms says

I love this book! It is a powerful way to encourage self-confidence within students. It illustrates prominent insecurities children may encounter in life. They are then encouraged to embrace who they are and understand the beauty of individuality.

Faith Tydings says

Louise Hay is amazing. I loved this book and everything she's written about affirmations and mirror work.

Jill says

Teaching children to think positively is a wonderful idea and this book does a great job of giving them that lesson.

Carolina says

I got this for my son. I love it!!

Jb says

Cool book for toddlers - teaching power of affirmations.

Brittany says

A great way to teach kids about the power of positive thought!

Niamh Griffin says

A beautifully illustrated book for children and a gentle introduction to the power of thought. Realistic examples of what may challenge some kids and a practical guide on self-empowerment through learning how to turn a situation around. I seemed to like it more than the smallies, so I did wonder was it too literal for the targeted age group?

Miss Kelly says

Good picture book that reiterates why it is a great idea to instill positive affirmations in kids' lives.

Laura says

While there are some suggestions that aren't perfect, this is a great tool to teach children how to talk kindly to themselves. I used the book, Don't Feed the Monster on Tuesdays!: The Children's Self-Esteem Book, as a companion piece for a really good family night lesson.

Karla Winick-Ford says

LOVED THIS!

So appropriate for young children.

Very uplifting. Illustrations are beautiful!

I love the closing the best- try to look past differences and see the best in everyone.

Marisa says

A nice children's books with some eternal truths that our thoughts determine our actions determine our

character. A good reminder for mom and dad as well as an effective way to teach children.
