



You Have a Soul: It Weighs Nothing but Means Everything

John Ortberg

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Jesus said the soul is worth more than the world. The soul is the key to our lives, binding our heart, our mind, and our spirit together. Shouldn't you get pretty clear on exactly what the soul is? And how to care for it? Taken from John Ortberg's book Soul Keeping, this booklet reveals what the soul's greatest need is, now and for eternity.

Have you ever thought about why your soul is hurting and if that could be standing in the way of your spiritual growth? Ortberg writes that once your soul has been properly cared for, you will find your way back to God from hopelessness, depression, relationship struggles, and lack of fulfillment. Jesus said we could find rest for our souls. Ortberg points us in that direction.

You Have a Soul: It Weighs Nothing but Means Everything Details

Date : Published April 29th 2014 by Zondervan

ISBN : 9780310341451

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Format : Paperback 56 pages

Genre : Nonfiction, Religion, Faith

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From Reader Review You Have a Soul: It Weighs Nothing but Means Everything for online ebook

Rebekah McGee says

This is more of a pamphlet than a book. It was a refreshing read reminding us to rest and take care of our souls.

Christine Baptiste says

Short read... Basically your soul is needy and you need to rest it to be more in tune with God. I recommend it, it will only take a few minutes to read

Susan Barnes says

You have a soul is a short little book containing valuable gems. It is like reading a well thought through sermon.

In addressing the issue of our soul, Ortberg is discussing our motivations and our deep seated attitudes towards life that often go unnoticed. He starts by stating that our soul is needy and this is the driving force behind our addictions. God intended our cravings to drive us to Himself but more often they drive us to food, drink, money, fame.

In part two of the book Ortberg describes how our soul needs rest and how God provides this for us a circle of grace. A circle helps us realise we are constantly in need of God's grace. The first part of the circle is resting in our acceptance by God. Second is resting in God's sustaining grace. Third is resting in knowing that our significance lies beyond ourselves and finally resting in achievement. When we tried to go against the flow of grace we end up in a circle of works. We try to achieve so we will be significant which will sustain us through the difficulties of life and bring us acceptance but this leaves constantly trying to achieve and never gaining the acceptance we desire.

Ortberg is easy to read with interesting illusions and Biblical insights. A worthwhile read.
