



# **Growing Up Psychic: My Story of Not Just Surviving but Thriving--and How Others Like Me Can, Too**

*Chip Coffey , Raymond A. Moody Jr. (Forward)*

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**Growing Up Psychic: My Story of Not Just Surviving but Thriving--and How Others Like Me Can, Too** Chip Coffey , Raymond A. Moody Jr. (Forward)

**Internationally recognized psychic and star of A&E's hit show *Psychic Kids: Children of the Paranormal*, Chip Coffey shares his personal story of discovering his gift at a young age and offers valuable advice for nurturing and embracing psychic ability.**

NO one knows more about psychic kids than Chip Coffey, and no expert on psychic kids is better known throughout the world. These kids are widely misunderstood, misjudged, and misdiagnosed. In *Growing Up Psychic*, Chip Coffey offers indispensable information for anyone who interacts with these extraordinary youngsters—parents, educators, medical professionals, mental health clinicians, members of the clergy, paranormal investigators—and adults who faced the challenges of growing up psychic.

In *Growing Up Psychic*, drawing on his firsthand experience and the true stories of kids he has worked with and helped, Chip Coffey shows you how to:

- Determine if a child is really psychic—as opposed to simply imaginative or seeking attention
- Identify the different kinds of psychic abilities kids (and adults) might have
- Gain control over when and how psychic information is received
- Safely connect with others in the psychic community
- Deal with skeptics and disbelievers

“Read Chip Coffey’s book to learn about an astonishing, inspiring, unexplained propensity of the human mind.”

—from the foreword written by Dr. Raymond Moody, author of *Life After Life*

## Growing Up Psychic: My Story of Not Just Surviving but Thriving--and How Others Like Me Can, Too Details

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## **From Reader Review Growing Up Psychic: My Story of Not Just Surviving but Thriving--and How Others Like Me Can, Too for online ebook**

### **Emilie says**

Chip Coffey is a very. serious. psychic. He wants you to be patient and loving with your psychic child. A handy reference guide for any parent, that is if you think your kid is talking to ghosts.

I love when Chip makes guest appearances on Paranormal State and couldn't pass up the opportunity to read his book; my expectations weren't high and I enjoyed it just as much as I thought I would.

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### **Ghostleegirl says**

Right out of the gate, I'd like to say that I am a fan of Mr Coffey, so I think that it's a given I would enjoy his book. I enjoyed reading about his own experiences along the road of life, and how he works with children who have the 'gift'. Whether or not you believe, it's refreshing to see someone who thinks of others rather than what people may say. Let's face it, everyone has had an experience of deja vu, or felt that something was coming. If you don't believe in the validity of such things, that's fine. But many people do, and to know that they can find help, support and acceptance is the most important thing in the world.

I was pleased to read a little more about the various children that appeared on the show 'Psychic Kid's' and it was nice to know that they are doing well.

Mr Coffey's easy, conversational writing style was quite refreshing, and it seemed as though he was speaking directly to the reader. If you have an interest in the subject, and are curious to know more about Mr Coffey and the kid's he worked with, then this book is for you!

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### **Heather says**

I am a huge fan of Chip Coffey and I appreciate the work that his does. I admire his passion to help children and their parents deal with their own paranormal experiences. He has been one of the most intriguing psychic mediums I've ever heard of and his technique is fascinating. This book is geared to children/teens and parents and giving them concrete tools they can use to assist in times of fear and activity. More than anything, it helps assure people that they are not crazy and it helps to show parents that medical assistance is not always the best option in these cases.

I read the entire thing in about 2 1/2 hrs.

I would love to have seen more autobiographical information, but I was very interested in the tidbits he did include.

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## **Amanda Salinas says**

This is actually a useful and well thought out book. Mr. Coffey does great work. A must read for anyone interested in the paranormal.

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## **Shannon Yarbrough says**

I've been a fan of Chip Coffey since his work on Paranormal State and later on his own show Psychic Kids. I follow him on Facebook and when I learned about the release of his first book sometime last year, I immediately pre-ordered it. At just 250 pages, it's a quick read but it is filled with valuable and insightful information.

It starts with Chip's own story and his childhood psychic abilities and experiences as his family moved around the south. Chip also reveals his first paranormal investigations and his first experience as a medium, leading up to his eventual television debut and how he got his own show.

From here, Chip spends the next few chapters explaining what it means to be psychic, how to tell if your child might be psychic, and how to control and manage psychic gifts. He also spends a chapter explaining the need for psychic protection and how to deal with skeptics.

Since the focus of the book is mainly on how to support your psychic child, Chip offers up the stories of many of the children that appeared on Psychic Kids. There are several follow-ups as to how they are doing now, and there are several passages told from the children themselves and their parents. Therapists, other mediums, and some paranormal investigators also lend their voice to the experiences that Chip shares with his readers.

While the book is part autobiography, part self-help book, part paranormal investigation, and part psychic guide, I found Chip's own personal stories to be the most rewarding. There's a very touching story about his mother being visited by the ghost of Elvis's mom, and another frightening story about a devil-like creature visiting Chip's family farm when he was a boy. There are also numerous helpful checklists from an explanation of various paranormal investigative tools to the warning signs of demonic possession.

Chip has written a book that all of his fans and many readers will find useful and fascinating. If you believe you have psychic abilities, or you have a child who might be psychic, or you have a general interest in the paranormal, then this book is for you. It's a very approachable read, and that's what I've always admired in Chip himself. Fame is not important to him; he respects his abilities and uses them to help mentor others. He is a sincere likable person and his book reflects just that!

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## **Bob says**

if you are a person who watches any of the many ghost hunting/story shows on television these days, you've probably seen chip coffey. he's a friendly, empathetic psychic who sees dead people and relates what they say to anyone who is interested. for several season, he had a show called Psychic Kids, where he took children who had varying psychic 'gifts' on retreats to various haunted locations with the purpose to help the kids deal with their sometimes scary and often misunderstood situations. this book is an extention of that show, giving advice to the children and the parents of these gifted kids.

this book will not convince any skeptics. you have to buy the premise in order to find any value in it. if you don't believe in ghosts and spirits and things that go bump in the night, this won't convince you of their existence. but that's not what the book is for. it's written for the believer. the one who had a kid scared to death to go to bed because there's someone in the closet or because dead people come to visit him. mr. coffey comes off as highly sympathetic and sensitive to the plight of these kids and their parents, but then again a skeptic might point out that he's making a good living at it. for enough money, i might even be sympathetic. so, if you're a believer in these things or just curious, this isn't a bad book. if you're a skeptic, i'd probably pass on it.

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### **Shahrin says**

I'm really not sure what I make of this book. It wasn't what I was expecting at all really. I wasn't hoping for more of an autobiography. But there was a lot of self help elements (guess the clue was in the title). Some of the anecdotes were a bit suspect for me, as I have read them before in other unconnected sources. Also, I know for a fact I have never read this book before, but there were pretty much no surprises in it for me, I knew all the punchlines. It left me feeling very confused.

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### **Tara Bruecken says**

Helped me understand that my experiences are not in my head

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### **Chris says**

This was a book I received from a goodreads giveaway. I have a very open mind about many things, and I enjoyed this book. As a person going into the field of mental health counseling, I can appreciate the fact that all things don't have to "fit" into categories, and sometimes there is no scientific explanation for things. This would be a good book for anyone who is interested in what it is like to grow up as a psychic. The way Mr. Coffey writes about some of the struggles that he and other children like him have had to face, makes it easier to be empathetic to anyone who may be termed not "normal".

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### **Deb says**

Absolutely loved this book! This one is a permanent in my collection and, not just because Chip signed it with a heart either. I learned about a few things I was unaware of previously. For starters I never knew of a "Walk-in" scary thought there but intriguing none the less and I'm looking forward to learning more. Then there are Indigo children also known as Crystal children or Star Children. I've heard the term Star children before but, that was associated with ET's not the spiritual realm in which I've been pulled to since 1979.

I highly recommend this book to any-one that has children or even works with children. Especially those that work with them. It's not just about the paranormal. This book has lessons of compassion and understanding, something sadly lacking in today's society.

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## Erika says

As someone who was already a fan of Mr. Coffey, the fact that I liked this book didn't surprise me, much. Non-fiction is generally not my thing, but it was short, and I won it as a Goodreads First Read.

I didn't realise that this book would touch me in the way that it did. There is valuable wisdom in this book. Valuable experiences and good common sense laid out in one of the most helpful, and personable manners that I have ever encountered. This is a book that I intend to have my own psychic kids read, and all five of mine are to one degree or another.

Chip thank you for this friendly helping hand and I hope to see more of your works on my bookshelf in the future.

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## Jes says

So I picked this up because I grew up watching (and loving) the shows he participated in, Psychic Kids and Paranormal State. Then, some years later, I got to see him present a Halloween special at Texas Tech and he took a small group "ghost hunting" in the underground tunnels of the campus. I, sadly, was not chosen, but I've kind of been an inadvertent fangirl of Chip. Anyway, I saw this was published and figured I'd see what this guy had to say. I like the memoir and update aspects, and if you were reading this for your own psychic kids I'd say that offered pretty common sense, reasonable advice.

My only criticism is that I think he should have focused on just a memoir or just a how to raise psychic kids book. I understand why he chose to do both, but I do think it shows a lack of professionalism. I know this man has made a living off of being a psychic, but I find that pointing to your own anecdotes isn't a necessarily sound piece of nonfiction for self help.

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## Marylar says

i won this on a goodreads giveaway. I wish i had this book when i was a kid, it sure would have helped alot. a wonderful book lots of good info into how to not loose your abilities ,when others dont understand and and you can loose them , \$ stars. thank you for writing this book. i will be reading this one with my niece.

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## Jennifer says

Growing Up Psychic by Chip Coffey

I've greatly enjoyed Chip Coffey on A & E's "Psychic Kids" and "Paranormal State." He's a psychic medium (one of the most believable) and did excellent work with the kids who were having difficulty coping with their psychic abilities. When I first saw a preview for the show I thought it would be exploitative or sappy. It was neither and his skill in helping kids to strengthen themselves was refreshing in an era of gold stars and prizes simply for showing up.

I recently checked out his book and was not disappointed; although it certainly was not what I expected. It is

not a straightforward memoir of Chip's life nor is it simply a guidebook for raising psychic children, but rather a mishmash of both. He does share specific sections of his life and describes what some psychic kids have experienced. I appreciate his matter-of-fact attitude and the book is well structured, including checklists for parents at the end of each chapter. He also makes it clear that people can be psychic or mentally ill or both! This is not something many t.v. show psychics will admit. Chip talks specifically about how harmful the medical field can be for psychic kids and how important it is to verify the accuracy of what they are reporting in order to ensure they are not treated for schizophrenia but are validated as simply being tuned in to a different (or wider) receiver than others. However, he also makes it clear that sometimes an apparent "psychic" is indeed a person in need of treatment for delusions. The key issue is verification and he describes in detail different methods for uncovering the truth; especially since the verification may come through synchronistic means.

He mentions the Arthur Findlay College in England, which is purported to study spiritualism. According to their webpage, it is "a residential centre where students can study Spiritualist philosophy and religious practice, Spiritualist healing and awareness, spiritual and psychic unfolding and kindred disciplines." He also mentions the Rhine Research Center in Durham, North Carolina as a possible resource.

Chip has created a message board to help people (parents and kids) who are "in the process of coming to terms with their psychic gifts . . . The discussions are moderated by two talented and responsible psychics who make sure that the messages are kept safe for kids and do not offend or impinge upon anyone's personal religious or spiritual beliefs."

This book is a well-organized, thorough guide for parents and psychic kids with Coffey's humor throughout. Whether you are psychic or are concerned about a family member, this book is helpful and an enjoyable read.

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## **Eden says**

I have liked Chip Coffey since the first time I saw him on the TV show Paranormal State. I have had this book for a few years now and I've finally had the chance to read it.

While there is some in this book about his life, I was honestly hoping for more. But, even though I don't have any kids myself yet, I do think Chip gives parents great advice if they have children who are psychic.

Besides the advice Chip gives parents, there are also stories in here from the children and other people who have worked with him.

Although it wasn't what I expected, it was still a pretty good book and I enjoyed it.

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