



## Playing the Matrix: A Program for Living Deliberately and Creating Consciously

*Mike Dooley*

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*Playing the Matrix* is **Mike Dooley**'s advanced course on living deliberately and creating consciously. The concepts he shares were born of material he's delivered to live audiences the world over, culminating in his most impactful, most transformational program ever. Now, for the first time in 17 years of touring, these ideas are to be shared in book form.

At the heart of the Matrix lies a simple yet *highly unexpected* concept for creating major life change that's unlike anything shared by other teachers, past and present. It clearly reveals why "manifesting" *sometimes* works with incredible ease, why it sometimes doesn't work at all, and why, on occasion, it works, and yet in hindsight we wish it hadn't. Readers will not only learn about the "Bermuda Triangle of Manifesting" that too often leads to heartbreak and loss, they'll learn how to navigate around it, under full sail, with their own new "a-ha" moments that will teach them:

How to achieve clarity in purpose and desire and thereby avoid contradictions and self-sabotage  
How to fuel their dreams with passion while not attaching to unimportant details and outcomes  
How to plan and take action on their dreams without "messing with the cursed how's"!

And so much more...

## Playing the Matrix: A Program for Living Deliberately and Creating Consciously Details

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## **From Reader Review Playing the Matrix: A Program for Living Deliberately and Creating Consciously for online ebook**

### **Marcia says**

#### **Great exercises, fun read!**

Mike Dooley's book follows the Tut "Notes From The Universe" energy and humor. It's a fun, easy read with great exercises and interesting thoughts. The exercises are simple, self-revealing and motivating. It's a book - and a program - for anyone on their "Thoughts Become Things" path.

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### **Sridhar says**

A book that maintains a fine balance between rational thinking and believing in a higher power (universe or god or love). This book combines the key thoughts written in several books and presents it in an easy to understand and implementable manner.

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### **Jovanhanna says**

I loved this book!

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### **Lisa says**

This book is amazing. It takes a while to get through it because it really challenges you to think about your life now and where you want to be in the future. If you liked the book The Secret this book will blow you away. Look out! Thoughts become things and words have wings... Away we go! Thanks Mike Dooley for this book!

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### **Mary Magin says**

The Matrix that Mike Dooley presents is a simple, straightforward way to sort big goals from the pesky little details (his words). No grand revelation here, simply a reminder to do something, anything to move yourself forward. He includes specific steps/assignments that build upon each other and help Adventurers to move toward their destinies. The exercise that stuck with me was at the end. List the things that you can do now with what you have. It's an apt reminder that there is always something to be thankful for.

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### **Jay Kraker says**

Countless books will tell you that we co-create EVERYTHING in our lives. More than any other volume I've

read, *Playing the Matrix* delivers a step-by-step guide--with clarity, inspiration and humor--to creating Your Best Life.

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### **Renee Amberg says**

Overall, this book had some great Law of Attraction content in it. The only reasons I rated it a 2/5 was because to me, it was OK. I really liked the concept of the matrix however it was explained enough to me within the first few chapters. The rest of the book dives into simple Law of Attraction techniques; taking action, visualizing, exercises, etc. It was more of a beginners guide to the Law of Attraction and I prefer more complex and challenging ideas. It was a bit repetitive and had long drawn out explanations of simple techniques. This book is great for someone who is a beginner, but for me it was a bit boring.

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### **Renee says**

This is a review of the audio edition. You may want to get the print copy because there are supplements for you to work with and the author/narrator is a wee bit on the over enthusiastic side... to put it mildly. Not the style or angle that speaks to me but I'm big enough to read between the lines to find what I'm looking for. I give it five stars because of the value I see in the information for readers who may need some clarity on the 'Secret' theory, which is offered here. Plain and simple: to have the life of your dreams you must constantly move and take steps toward them. You can't just wait around for your ship to come in. It's a no brainer really but so many people freeze up with fear and doubt on the way and this author is your personal coach to avoid the pitfalls.

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### **Kate says**

Dove into this book, then kept having to get pulled back in. Suggest reading it in 3 or so sittings.

I can't always follow Mike's writing/logic, but there is still some great wisdom.

Live as if it's already happened.

Be grateful for what is to come.

Play.

& So much more.

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### **Naomi says**

This was the first time I have read anything by Mike Dooley. I love to read manifestation books (and all things spiritual) so I thought this would be a good choice to add to my Kindle and start off the New Year with some refreshing of manifestation principles delivered in Mike Dooley's style of writing and of course always hoping to learn something new or at least learn something in a new way.

I enjoyed Mike Dooley for the simple reason that he has a keen ability to inspire the reader with his own experiences. Some people may find this boring and some writers can be boring when doing this, but Dooley's

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a funny guy so I didn't mind his anecdotes. He can laugh at himself which is a trait I think most people can benefit from applying more in their life. The manifestation game should definitely involve laughter and Dooley has duly reminded the reader of this throughout the book.

I did gain some new insights about focusing less on the 'how' and more on the 'end result'. Everything you need to know about striking this fine balance can be learned with the easy to apply strategies in *Playing the Matrix*. I wouldn't go as far as saying this is advanced manifestation material but it is a good book on looking at manifestation with fresh eyes and a practical approach.

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### **James Siecinski says**

Holographic Universe. Nailed it.

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### **Heike Mershon says**

Very touchy, feely, feel-good book. But not very concrete advice, and the whole thing could have been said in a blog post. Still, if you need something to continue your momentum after reading *The Secret* it will do.

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### **Mala says**

Love Mike Dooley's work its so simple but powerful, and this book includes so many useful, practical and fun exercises.

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### **Yazaid Ahmed says**

#### **Comforting**

It is very soul soothing to know all is well and no matter what happens it is all redirecting to our best interest.

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### **Carol Benson says**

Love Mike Dooley! I will always read anything he puts out. So upbeat and helpful.

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