



The Explain Pain Handbook Protectometer

G. Lorimer Moseley , David S. Butler

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The Explain Pain Handbook: Protectometer is a new collaboration between Professor Lorimer Moseley and Dr. David Butler.

Based on the most up-to-date research and the Explain Pain book, it allows patients experiencing pain to explore their unique pain story.

The centrepiece of the handbook the Protectometer™ is an interactive device that allows patients and therapists to gain a deeper understanding of the experience and establish an individualized treatment and education plan.

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Dastaan says

How many stars should I give this book? I think 500 should be fine, or maybe a thousand or two thousands, I don't know!

This is not an ordinary book, it's a game changer, an eye opener!

Years of studying medicine and we all got wrong, very wrong, about the pain and this is going to fix us, patients and doctors for good

Tried this with some of my patients with the worst types of chronic pain and fibromyalgia and man! You should see their faces, it's joy and surprise and confidence raising from the gloomy horizon of despair and frustration

Take a bow Dr Butler and Dr Mosley

You are awesome!
