



# Rainbow FOOT Reflexology/ Acupressure Massage Chart

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## **Rainbow FOOT Reflexology/ Acupressure Massage Chart NOT A BOOK**

Vivid full color professional illustrated Rainbow® chart of Foot Reflexology and related Acupressure points of this ancient healing system. Includes special patterns of points to massage for frequently used areas, including for Stress relief, health, energy, colds & sinuses, neck/back/arthritis help, detox & lymph, headaches, etc. Also illustrates the specific 7 endocrine glands and chakra points in the Feet. Is the only chart specially rainbow color-coded by the Chakras and 7 endocrine glands for easiest learning. Used by many professional massage and reflexology schools. The special detailed color-coded illustrations make it also easy learning for the first-time reader. 8.5 x 11 in. 2-sided, Laminated, full color illustrations. See all 12 Charts in the Inner Light Resources Rainbow® Charts Series: search by publisher: Inner Light Resources

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