



Jack's Worry

Sam Zuppardi

[Download now](#)

[Read Online](#) ➔

Jack's Worry

Sam Zuppardi

Jack's Worry Sam Zuppardi

A touching and reassuring story about the jitters associated with first experiences — and the satisfaction that comes with conquering your fears.

Jack loves playing the trumpet, and for weeks he's been looking forward to taking part in his first concert. But on the morning of the big day, Jack finds he has a Worry. And his Worry starts to grow. Even when Jack's mother calls him for a special breakfast, even when he hides under the bed or runs around the yard, his Worry follows him. Suddenly, when it's almost time to leave for the concert, Jack finds it's all too much. For anyone who's ever been afraid of failing at something new, this book offers just what's needed to shrink a Worry down to size.

Jack's Worry Details

Date : Published April 26th 2016 by Candlewick Press (first published April 12th 2016)

ISBN : 9780763678456

Author : Sam Zuppardi

Format : Hardcover 32 pages

Genre : Childrens, Picture Books, Music

 [Download Jack's Worry ...pdf](#)

 [Read Online Jack's Worry ...pdf](#)

Download and Read Free Online Jack's Worry Sam Zuppardi

From Reader Review Jack's Worry for online ebook

Danielle says

Feels sensitive and true. Good resource for pre-event jitters.

Hilary Evart says

nice addition for dealing w/ worry, stage fright

Jack & Lily Wills says

I chose this book because of the name Jack - but I do think this would be a really great book for a kid who is anxious about an upcoming event (recital, performance, etc.) I like the drawings a lot and it had a great message!

Elizabeth says

Jack's worry shrinks when he shares it with his mom and they talk it out. (He is afraid of playing his trumpet at a concert because he might make mistakes.) Because his worry has dissipated, he is able to go on and encourage his fellow players at the concert so their worries shrink, too. I loved how obvious this book was to my youngest story time patrons as they watched the worry grow big and small based upon the situation.

Lori says

Great little story.

Carrie says

"What do you do when your Worry just won't go away?"

A cathartic read for children encouraging them to not hide from their Worry and to find the words to express their emotions as the only remedy for making the Worry shrink instead of growing unattended.

Lkking says

Children's book but could be used for all ages regarding situational worry and anxiety.

Jordana says

Such a sweet, reassuring book that can help children identify their worries. :)

Amy says

The perfect book for all of our little friends who are approaching their first musical performances this holiday season. And some big friends too.

Jana says

I think this is a really nice picture book that shows young readers that everyone experiences worries or jitters at one time or another. Jack feels worried about playing his trumpet in the upcoming school concert. The more he tries to ignore his worry, the worse it becomes. When he shares his worry with his mother, she helps him feel a bit better. This book kind of reminds me of What Do You Do With a Problem by Kobi Yamada.

Neurocomp says

great story.

Judy says

Now when I worry, I will just imagine it as a giant dark dust bunny. Nicely done.

David Freudenburg says

This moralistic story teaches children not to worry. Jack is worried that he will make a mistake when he plays his trumpet in the school concert. Worry then becomes a character who follows Jack everywhere and grows larger on each page. The acrylic illustrations are gorgeous and very well done. It is particularly amazing to see how concepts like "Music" and "Worry" are painted and presented in a visual form.

Sandy Brehl says

This is a must-have book for music teachers and others who works with kids (which would be all of us, of course). I appreciated the use of "worry" rather than "fear", the visual representation changing in size throughout Jack's process. I especially appreciated that he shared his new insights with his concert-mates.

Lara says

Great visual story for facing anxiety, which continues to grow unless we face it. I'm a worrier too, so I liked the use of Worry instead of Fear - subtle difference. Would be a good addition to a story time on being brave, on worries, on music.
