



Inhibitions, Symptoms and Anxiety

Sigmund Freud , Alix Strachey (Translator)

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Setting forth in rich detail Freud's new theory of anxiety, *Inhibitions, Symptoms and Anxiety* (1926) is evidence for one of them. In rethinking his earlier work on the subject, Freud saw several types of anxiety at work in the mind and here argues that anxiety causes repression, rather than the other way around.

Inhibitions, Symptoms and Anxiety Details


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Steve says

A fascinating and (very) difficult little book, this one finds the good doctor rethinking some of his earlier ideas on this fascinating subject. As with so much of Freud, I suspect it will yield even more for me on a future rereading.

Majed says

As in the title , in this book freud discuss his view on anxiety and its origin (he wrote about anxiety before but in this one he made some modification) and the connection between anxiety and symptom-formation , plus some criticism of other views especially of Otto rank his ex-pupil .

I liked it because I've gained some insights into my social anxiety , although I did not understand some parts , so in general its a good read indeed .

Aphrodite says

Πολ? ενδιαφ?ρον αν?γνωσμα. Η πρ?τη μου εντ?πωση ?ταν λ?γο αμ?χανη, καθ?ς δεν ?χω διαβ?σει πολλ?ς σχετικ?ς μελ?τες και αρχικ? δυσκολε?τηκα να προσαρμοστ? στην επιστημονικ? γραφ? και τις ?ννοιες που χρησιμοποιο?νται ?/και αναλ?ονται, γρ?γορα ?μως μου κ?νησε το ενδιαφ?ρον. Δεν μπορ? να ισχυριστ? ?τι ε?μαι σε θ?ση να αναπαραγ?γω το περιεχ?μενο λεπτομερ?ς ο?τε να χρησιμοποιη?σω σωστ? ?λη την ορολογ?α της μελ?της, ωστ?σο μου ?δωσε πολλ? τροφ? για σκ?ψη και περαιτ?ρω αναζ?τηση, αλλ? και πολλ?ς απαντ?σεις. Το συνιστ?.

Daniel Polansky says

I genuinely don't understand why I keep reading these. Some fetish for completionism?

Ed says

This short book is far more interesting than its title might suggest.

Nicoleta says

cazuri, vise ?i interpret?ri ale lor.

Ria says

Ο κορμ?ς του βιβλ?ου και το π?σο ο Freud μ?νει σταθερ?ς στην αν?λυση του θ?ματ?ς του ε?ναι εκπληκτικ?.

Δεν παρεκκλ?νει δεν πλατει?ζει και εμπλουτ?ζει την συγγραφ? του με παραδε?γματα παρμ?να απ? την καθημεριν?τητα. Παρ?λα αυτ? η ?νσταση μου ε?ναι ?τι παρ?λο που επιστημονικ? ε?ναι ?να πολ? χρ?σιμο εγχειρ?διο την ?δια στιγμ? το βρ?σκω περ?πλοκο για τον απλ? αναγν?στη που ενδιαφ?ρεται π?νω στην ψυχολογικ? κατ?σταση του ?γχους. Το θ?μα εδ? δεν ε?ναι η δ?σκολη ? δυσνητη ορολογ?α αλλ? η πεπο?θηση ?τι ο αναγν?στης κατ?χει ?δη σε μεγ?λο βαθμ? το πως λειτουργε? η ψυχοσ?νθεση του ανθρ?που και εδ? αναλ?εται ?να μικρ? κομμ?τι αυτο? του ?λου. Σε γενικ?ς λοιπ?ν γραμμ?ς ε?ναι ?να χρ?σιμο ?ργο για ?τομα που ?δη ?χουν επαφ? με τον χ?ρο της ψυχολογ?ας-ψυχαν?λυσης.

Mr. says

Often overlooked, this concise exploration of origins and manifestations of anxiety is often brilliant and provocative. Freud explores the basic properties of fear, anxiety, and touches on the sexual component of these human states of mind/body. Freud hypothesizes that the origin of anxiety is founded in the repressed memory of the human's separation from the mother's originary nutrition during the act of birth. All manifestations of anxiety are (in essence) a resurgence of this primal fear. This is crucial to the role of biology and nourishment to psychoanalysis, often glossed over in its modern variants.

Magdalen says

Actual representation of me when I finished reading. Jokes aside this book at first was hard even though I read it in my mother tongue my brain at some points couldn't function properly. A couple of days ago someone told me the same things more or less that Freud uses in this book so it was easier for me to comprehend them 'cause Freud was such an intellectual.

Anyway, needless to say that just by reading it my anxiety got triggered right?

Catherine Woodman says

I first read this in a college course, and found his body of work to be eye opening and thought provoking-- although not all that easy to read--I would never have guessed that I would go on to be a psychiatrist, but he rocked my world

Felix says

German edition - German review:

Nicht gerade das leichteste von Freuds Werken. Im gegensatz zum flüssigen, leicht nachvollziehbaren Stil vieler anderer Schriften, ist dieses Werk sehr dicht und abstrakt. Kein Lesevergnügen und allen, die sich eher aus kulturwissenschaftlichen, denn aus psychoanalytischen Gründen für Freuds Theorie interessieren ist hiervon eher abzuraten. Der Theoriegewinn liegt mehr in den Details und in den begrifflichen Differenzierungen gegenüber früheren Schriften.

Amir Yarhossrini says

no

Oana Craiu says

There are books that change your perception about people and make you start to understand people more and determine you not to criticize them ever again. Freud's books are amongst these books. I enjoyed reading it once again.

Kirk Johnson says

By this point, in the third essay in an unofficial trilogy begun with Beyond the Pleasure Principle and The Ego and the Id, I'm uncertain if Freud is contributing something of value or just nerding out on the details. Regardless, it's a relief to see him moving further away from his explanation of the libido being such a prevailing source of issues. The book is well written, but be prepared for some dense writing.
