



U Chic: The College Girl's Guide to Everything

Christie Garton

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From the day you set foot on campus until the day you wear a cap and gown, get advice from a source you can trust: the expert team of all-star college students and recent grads behind U Chic. This indispensable college resource has everything you need to know, including: Getting Started, Sharing Space, Healthy and Happy, Sorority Chic, Love Life, and Head of the Class. This book by Christie Garton is the complete guide for any girl looking to live a fabulous college life!

Softcover 340 pages Complete topic index at back

U Chic: The College Girl's Guide to Everything Details

Date : Published April 1st 2009 by Sourcebooks

ISBN : 9781402215087

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Format : Paperback 368 pages

Genre : Nonfiction, Academic, College, Autobiography, Memoir

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Jana says

When I get nervous about things, I read. So when I was getting ready for college, I bought quite a few books about the freshman year, what to expect, and moving out. This is a great book and the knowledge given can be used throughout all of the college experience.

Shireen Khamedoost says

Very Helpful for College Freshman! Read it when I first got here and learned a lot of helpful tips!!

Caroline Yauck says

U Chic's College Girl's Guide to Everything is the perfect go-to guide for all of your questions about college, whether you are in college, are nearing your freshman year or are still in high school. As a sophomore in high school, this book provides me with some great background knowledge on the whole college process from a friendly point of view. Think of it as the American Girl for girls ages 16-25! It covers everything a girl would want to know such as how to make the perfect schedule, a solution to sloppy roommates, how to get out of sticky party situations, and so much more. The best part of this book is that can apply to every single girl. It doesn't matter if you are a tennis super star, math whiz or frugal fashionista; The College Girl's Guide to Everything is literally for everyone! Definitely check this book out to make sure you get the best out of your college experience.

Madison says

This book is amazing! I found it so helpful and interesting. It would especially be great for someone who has no idea of what to expect in college, but even as a sophomore with an older sister who has graduated, there was information in the book that I hadn't been told before. It definitely gave me some stuff to consider as I'm starting the next school year and helped me develop a better plan. My favorite part was the discussion about majors -- it was really comforting to read about other people's experience with changing their major and finding the right major for them. I would consider this guide a must read for college girls!

Julia says

This book was GREAT! Okay, the cover and the title are AWFUL and a real turn-off, but the book, itself, is wonderful! I think every young woman heading to college (and her parents) would do well to read this book. It covers all kinds of subjects from what to pack for school to how to get along with a roommate, how to be respectful of roommates, how to set-up a dorm room - pluses and minuses of other housing, how to stay safe on and off campus, health vs. not healthy relationships, how to get internships, the importance of planning

your study time well and looking out for your friends and tons more. It also goes into the importance of getting good health care - both physical and mental - while at school and how to go about that. It has all the inside scoop on tons of stuff and really encourages young college women to be knowledgeable and responsible - for themselves and for others - it goes into what to do when your friend is barfing from drinking too much or going off with a guy she shouldn't. All the real life situations are covered well and advice is given from other college students so it isn't an adult preaching. Of course, since it is college students tackling each subject, there are times where you might think, well this could have been written in a more refined manner, but that is part of its appeal - it is in the students' language and gives great tips. I am so glad I read this book and will be giving it to every one I know who is sending a daughter to school! One of the other great things about this book is that you can just read which ever chapters you are interested in out of order - each stands alone - but I would encourage the reader to read the whole book! I originally heard about it from a High School Senior who was heading off to college - she thought it was very helpful. I would warn people that if they read the Kindle edition, there is some kind of glitch where there are many parts that are repeated. You might want to just read the paperback. Again, I realize the cover is hideous, but as they say, "don't judge a book by its cover!" If you are looking for a gift for a High School Junior or Senior, this would be a great gift - or for parents of a girl heading to college. It is definitely written for girls, not boys.

Caroline B says

U Chic is definitely the most helpful book for college girls, especially freshmen! I've found myself using this book as a quick reference for how to handle roommate negotiations to ways to stay healthy in college to time management guides. This book is so relatable, it feels like one of my friends giving me advice in written form. This would be a great gift for any college student, and it would also be a great investment for you to have on hand! I can see myself reaching for this book quite often in the future. Highly recommend!

Catherine says

3.5 stars. I liked this book and was glad I read it, but I would have liked to see a wider variety of schools that the contributing students came from. I also felt like the headers and what was written in the paragraphs attached to the headers didn't really match sometimes, which was strange and frustrating. There was some good advice, and some advice that wasn't really helpful at all, but overall I would recommend this book to any girl going to college. I'm planning on bringing the book with me as a reference in case I need it.

Angela says

Not especially helpful. Save your money and get it from the library.

Sierra says

It's a good book for like incoming freshmen, but even though I am a Junior I still learned some helpful things.

Lexi says

This book provided more advice on how to survive college years - the entire life experience - than handling actual college itself. It had many articles on love/hook-ups, how to get internships, etc, which were worthwhile, but not what I was looking for in a book that I thought gave advice for the first year of college. I much preferred "The Naked Roommate" (Cohen). That said, I did enjoy and learn from UChic; its definitely worth a 20-minute flip-through, but save your money.

Quincy Bulin says

I just started my senior year of high school a month ago, and I really didn't think I needed U Chic. I thought I knew what was coming in college based off what my friends said and pictures on Facebook, but I was wrong. This book really touched on the more important things- things I'd never even considered! It made me much more aware of what to expect. The tone reminded me of that cool older cousin you have always admired and who kind of adopted you as their protégé. The book made me feel like that in a couple years, I'd be sort of "passing the torch" of knowledge to girls who are in my position right now.

If any part of college is having you overwhelmed at all, read this book. If you're sort of confused about college, read this book. If college just kind of creeped up on you, read this book. If you think you're absolutely prepared for what's to come, read this book.

Sasha Zuri says

It was a thorough book about the heterosexual girl's experience in college. Brief but to the point. I would have suggested having more references in the index than just telling people to go to the website. Brought up many topics that a every student should know and over all it was an easy read.

Ingrid says

This book is great! I'm headed off to college this fall, and like everyone else, am nervous. I found this book today and decided to get it. After thumbing through it all night, I do not regret buying this book one bit. It has tons and tons of detailed information on most everything about adjusting to college, from new study habits to new living habits. It focuses on freshman year, understandably, but it also has a section in the back about post-college life, like landing jobs and getting into graduate school. (This is good for me because I will most likely be going to graduate school.) The book is not too preachy, and does not make college sound as scary as some other sources tend to do.

Brynne M says

A lot of the information in this book can be found in other books or blogs -- it doesn't share a lot of new information on college life, and half of what it shares is just common sense. If you read this book, I'd say you'd probably learn the most from chapters 10-12.

Katie R. Herring says

I am heading to college this fall... EEK. I can't believe it either. My mom got this for me last year in preparation for the "big transition" dun dun dun... There were some pretty helpful sections that I will definitely keep in mind for next year. Good hints and tips that will help out every new freshman; from books to boys, this book has got it covered.
