



# Know Thyself

*Na'im Akbar*

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## **Know Thyself** Na'im Akbar

" How wonderful it is to be taught by a free teacher, a spiritual leader, a member of our family who truly loves the family, an architect of transforming processes, a defender of African people know Dr. Na'im Akbar as a special treasure . This book is another important gift from him to us . It is our responsibility to study these thoughts, carefully . To allow these teachings is to guarantee our liberation and to guide us toward our divine destiny ." From forward by Asa G. Hilliard, III, Calloway Professor of Education at Georgia State University, Atlanta .

## **Know Thyself Details**

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Author : Na'im Akbar

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## **From Reader Review Know Thyself for online ebook**

### **Kev says**

the destination to self recognition

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### **Shannette Slaughter says**

Akbar has built a wonderful case for the need for the inner journey. Who are we and why are we really here. Self-knowledge is the precursor to growth and Liberation.

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### **Corey says**

Very mind opening

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### **Clifford Onehundredd says**

KNOW THYSELF by Na'im Akbar is a must need on every black person's shelf. This small book is packed with so much insight that it will definitely allow you to shift your focus inward and study to know the self. This book shouldn't be skimmed, it isn't a light read, if you're like me you'll end up highlighting much of the contents. The advice in this book should be studied and applied. I damn-near highlighted the whole book. This is definitely a good book for those who are waking up to black consciousness. I highly recommend this book to be added to everyone's library, The motto echoed by many civilizations including the Greeks, The African Kemetic people and other ancient denominations is "Man, Know Thyself." I argue that Akbar's book Know Thyself will get you on the road to mental liberation if you apply and study his work.

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### **April Lee says**

This book provided great intellect on educating African American culture correctly, providing knowledge of truth, through history and genetics. It can pave a way for new beginnings.

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### **Tama says**

I felt as though I was receiving therapy, both as a teacher and a person.

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### **Jerry Williams says**

Very short read, however very good. Although the book is targeted primarily towards African Americans, it

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isn't done in an overly racial and exclusive manner, it's an easy read for anyone of any race.

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**DW says**

Gift for xmas from Mom.

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