



Essential Oil Diffuser Recipes: 100+ of the Best Aromatherapy Blends for Home, Health, and Family

Pam Farley

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Pure, natural essential oils are an amazing way to improve your mood and add fragrance to your home- without the toxic chemicals in scented sprays and candles. In this collection of more than 100 diffuser recipes, you'll find combinations for: -Mental clarity -Relaxation and sleep -Immune support -Stress relief -Mood boosting -Romance And much more! Can be used with any brand of essential oils.

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Date : Published December 8th 2016 by Createspace Independent Publishing Platform

ISBN : 9781534815100

Author : Pam Farley

Format : Paperback 60 pages

Genre :

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Teresa Martin says

Excellent recipes

Thank you this will be my go to book. Handy on my cell phone new recipes to try each day.
